

# *Buckeye* **GUARD**

Summer 1995



**107th mounts up for  
Battle Focused Training**

Pages 12-13

In August of 1967, a midnight flight from Budapest, Hungary, ducked under the clouds for its final approach into Cleveland Hopkins Airport. A sleepy six year old boy looked out the window to get a first look at the new home his mother called "America." Though the city and shoreline were illuminated with thousands of lights, he didn't notice any of them. All he noticed were the criss-crossing of blue lines that broke through the cloudy darkness. Rows and rows of little blue runway lights—they were a strangely beautiful sight.

That was Capt. Andrew Pogany's first impression of the United States when he arrived as a Hungarian immigrant almost 30 years ago. After a state-wide search for Ohio National Guard soldiers with Hungarian language skills, Pogany has acted as translator, interpreter, transcriber and escort officer for a newly developed Ohio-Hungary partnership program.

Over the last year, several Ohio National Guard officials have backtracked through that memorable flight Pogany experienced so many years ago. Through his article which starts on page 15, Pogany reflects on what this partnership means to the Ohio National Guard.

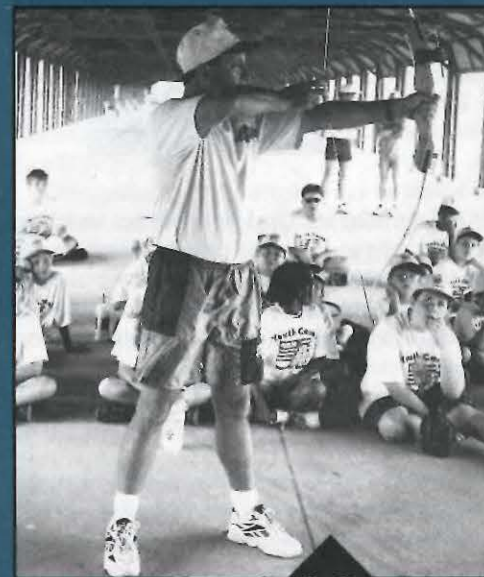


Photo by Andras Hazs. Reproduced from "Hungary," by Andras Hazs and Gyorgy Szabo

## Budapest, Hungary



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# Buckeye GUARD

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**ABOUT THE COVER:** 2-107th Cavalry air and ground crews work together to refuel an AH-1S Cobra Gunship. The pilot, CW3 Mark P. Fields, observes SGT Forest Jakeway and SGT Timothy Smith refuel while CPT Joseph A. Barber is at the controls. *Photo by Sgt. Richard A. Pemberton, Troop E, 2-107th Cavalry Squadron.*

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# Buckeye GUARD

SUMMER 1995, VOL. 19, No. 2

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The *Buckeye Guard* staff always welcomes articles that cover interesting Guard personalities and unique unit training. Deadlines for submissions are:

Winter: October 15  
Spring: January 15  
Summer: April 15  
Fall: July 15

## NATIONAL NEWS

**DoD sets up Gulf War illness reporting line.** The Department of Defense has set up a toll-free number so military and civilian members who were in the Persian Gulf region as early as August 1990 can report incidents they believe may have led to medical problems. They can call the Gulf War Incident Reporting Line at 1-800-472-6719 from 8 a.m. to 11 p.m. EDT. In addition to the Gulf reporting line, DoD operates a separate hotline where military members and eligible family members can register for medical examination and treatment. That number is 1-800-796-9699. Veterans who have separated from the military can call the Department of Veterans Affairs for assistance at 1-800-749-8387. (AF News)

**Nasty surprise: 800 numbers aren't always toll-free.** If you think "toll free" and "800 number" mean the same, beware. A 1992 rule change made it legal for companies to charge consumers for certain 800 calls, according to Federal Communications Commission officials. While customers can block 900-number calls, they cannot block 800 calls. The 1992 Telephone Disclosure and Dispute Resolution Act said 900 numbers should be the prime means of access to telephone information and entertainment services. However, it allowed companies to bill for certain 800 entertainment and information calls providing callers "presubscribed" to receive the service. Complaints concerning companies' abuses of this privilege led the FCC and the Federal Trade Commission to strengthen consumer protections in rules effective Nov. 1, 1994. Complaints involved callers to 800 numbers who were switched to 900 numbers or international numbers without being informed of the charges, sometimes as high as \$4.99 a minute. The companies billed possibly unwary individuals and businesses for calls made from their phones to sex, dating service and psychic advice lines. The new rules prohibit an information provider from billing for an 800 call unless the customer pays with a credit card or unless a legally competent adult establishes a presubscription arrangement in writing. This agreement must spell out the provider's name and address, its rates and tell customers where to complain about billing errors. Consumers can also report problems with telephone information or entertainment services to the National Fraud Information Center, a private organization. Call toll-free 1-800-876-7060. (AFIS)



**Charge card for government use only.** Charge cardholders need to remember their American Express government card is for expenses incurred while performing official government travel only. The best rule to follow is, "If it's not reimbursable on your travel voucher, don't use the card." Cardholders are responsible for proper use and timely payments, and may face disciplinary action for abuse and delinquencies. The 1-800 number on the back of the card allows them to speak directly with an American Express representative if extenuating circumstances prevent timely payment. (AF News)

**New stamp honors America's POW/MIAs.** A new stamp honoring America's POW/MIAs is now available to the public. The stamp features a pair of military identification tags embossed with "POW/MIA—Never Forgotten," displayed in front of the U.S. flag waving against a blue sky. "The ID tag has come to represent many things in the modern military—the identification of each person as a unique individual who has the right to hope, to survive and to ultimately have life after the wounds of combat," said Postmaster General Marvin Runyon. "It's a symbol of accounting for and caring for all our men and women in uniform. It's a symbol for commemorating and remembering all our POWs and MIAs." Runyon said many veterans save their ID tags as treasured keepsakes, carrying them around their necks, in billfolds, on key chains and stored with valuable jewelry. "They reflect on them and remember the sacrifices they and others made—and they remember those captured by hostile forces, terrorists and those who remain missing in action." A limited-edition print of the new stamp is available while supplies last. To order call 1-800-STAMP-24 or send \$7.95 plus \$3.20 shipping and handling to: POW/MIA PRINT USPS PFSC P.O. Box 419219 Kansas City, MO 64141-6219. (AFIS)



## Herzog family tradition

As I read the article "The Guard: A Family Tradition," in the spring issue of the *Buckeye Guard*, I realized just how proud I am to be a member of that elite fraternity. While I am not disappointed about my Guard family not being recognized in the article, I do wish I had the opportunity to publicly tell my father, Col. Thomas A. Herzog (U.S. Ret.) and brother, 1st Sgt. Michael B. Herzog (Ret.), how much their careers have shaped my life. If it wasn't for their significant dedication and hard work with the Ohio Army National Guard, I have no clue as to where I would be right now.

Throughout my 11-year career as a full-time/part-time soldier, many of Dad and Mike's fellow soldiers have replayed stories of "I remember when" that show a sincere respect for their attitudes and abilities. Stories that display a keen understanding of how the system works and how to work the system to the soldier's advantage, and stories that are just plain and simply characteristic of the Herzog's stubborn inability to keep quiet. As I hear these stories, I only hope I can impact the Guard as much as they have, knowing they have paved a long, narrow road that only time will allow me to travel down.

To Dad and Mike, the colonel and the First Shirt, I am proud to be the third to carry out the "family tradition" with the name Herzog plastered on a uniform. My sincere thanks to a family who has served well, worked extremely hard and supported me during my military career. You are my heroes and I love you!

Sgt. 1st Class Rebecca J. Herzog  
HQ, 16th Engineer Brigade

## ONG Army Band pays tribute to veterans

I recently left active duty and reenlisted in the Ohio Army National Guard's 122nd Army Band, stationed at Rickenbacker Airport. I quickly realized that I had become part of the most sought after military unit in Ohio. This realization became apparent during my first drill as we travelled the roads of Ohio over Memorial Day weekend.

On Saturday, May 27, we performed at Chillicothe's "Feast of the Flowering Moon," in

## FEEDBACK FROM THE FIELD

Yoctangee Park. Many members of various supporting organizations such as VFWs, AMVETs, POW/MIAs and our future leaders, the Scouts, turned out to honor those who paid the ultimate sacrifice. That Sunday we performed at Memorial Day ceremonies in Springfield. There, our veterans were duly honored for their efforts in keeping peace.

The finale came Monday when the 122nd Army Band performed in a Joint-Service concert in Cincinnati with the United States Marine Corps Band from North Carolina. The Air Force, not to be outdone, featured a professional singer while their band played the National Anthem. It was an added pleasure for me as I witnessed the rendering of salutes by the Navy's Women Veterans of World War II.

Well, I took certain pride in knowing that I was part of such an undertaking. It was a total team effort by not just the military, but all who took part in these ceremonies. The professional organizations, volunteers, private and public businesses, clubs and family members of veterans worldwide gave their time to show their love for those men and women who gave of themselves in providing and protecting a way of life and freedom that you and I have come to embrace.

It is to these soldiers, sailors, airmen and marines that we owe our unwavering tributes and undying gratitude for their unselfish sacrifices.

Staff Sgt. Edwin D. Robinson, Sr.  
122nd Army Band

## Perry says thanks to public servants

Defense Secretary William Perry called April "the cruelest month," following the bombing of the federal building in Oklahoma City.

During Pentagon Public Service Recognition Week ceremonies in May, Perry said this year's week was particularly significant because public servants were the targets of the savage attack.

"As we mourn those who lost their lives, pray for the injured and for the families whose lives were shattered, and send what help we can, we should recognize and celebrate the public servants who responded to this tragedy, saved lives and worked hard to solve this vicious crime," Perry said.

He also said from this tragedy American citizens got a better picture of what public servants do. "They saw real people who do important work, day in and day out on behalf of all Americans," Perry said.

Jim Garamone  
American Forces Information Service

## NGNET open for ideas

The Ohio Army National Guard's increased emphasis on total quality management (customer satisfaction, employee involvement, and continuous process improvement) requires that we look at different forums to share information. With this goal in mind, I have directed the director of Information Management and Mr. Rick O'Clair (TQM coordinator) to establish a NGNET mailbox (IDEAOHIO) for receiving ideas, information about problems, opportunities, plans, suggestions and accomplishments.

The regular use of this communication asset is intended to be a two-way means whenever possible. If you have recommendations on problems, see opportunities, have ideas for process improvement, or have significant accomplishments that merit recognition, you can now use this medium to get the word to all members of the Ohio Army National Guard.

All ideas and problems will receive an evaluation, and a response will be provided to the soldier that recommended them for consideration. Shared information will be included in a periodic TQM newsletter.

Your input is important as we continue to seek improved processes throughout the Ohio Army National Guard.

Brig. Gen. John S. Martin  
Assistant Adjutant General, Army

## Correction

Apologies are extended to Capt. Geraldine E. Shutt for the misspelling of her name in the Spring 1995 issue of the *Buckeye Guard*. The captain was recognized for being the first woman to command Headquarters Company, 2-137th Aviation Battalion.

FAX your Letters to the Editor to DSN 273-3820 or commercial (614) 766-3820. Mail letters to AGOH-PA, ATTN: *Buckeye Guard*, 2825 West Dublin Granville Road, Columbus, OH 43235-2789. All submissions are subject to editing based on space and style considerations.





# Command Focus

Maj. Gen. Richard C. Alexander, Adjutant General

## National Guard: Sound investment for Community, State, Nation

As lawmakers in Washington and here in Columbus work diligently to formulate federal and state budgets, the hue and cry from the public centers on getting the most out of every taxpayer dollar. Americans searching for a sound investment need look no further than the National Guard to assure themselves our state and federal government is "working harder, smarter, and doing more with less."

Consider your federal investment in the National Guard. For only three percent of the Dept. of Defense budget, the Army Guard provides 53 percent of the Total Army's combat power and 34 percent of its support forces. The Air Guard maintains complete responsibility for air defense of the continental United States while providing 44 percent of the Air Force's airlift capability; 31 percent of its tactical fighters; and more than 40 percent of its aerial refueling capability.

Nearly every day of the year, anywhere in the world, your Army and Air National Guard is at work in support of our national interests. Our operations tempo today is higher than it was during DESERT STORM. Ohio

Guardmembers have served in Bosnia, Haiti, Cuba and Somalia over the past two years, supporting contingency operations, humanitarian and peacekeeping efforts, and nation-building projects.

The federal government provides more than \$200 million annually to Ohio to train, maintain, and sustain the Army and Air National Guard for these missions and, in the event of war, to serve alongside the active U.S. Army and Air Force. The state invests nearly \$13 million annually to support the Guard from its General Revenue Fund. Taxes generated from federal funds allocated to the Guard exceed the state's investment, giving Ohioans a return on their tax dollar and making the Guard a bargain by any measure.

What do Ohioans receive in return for their support of the National Guard? First, and foremost, a capable, accessible emergency response force. In the past five years, the Ohio National Guard has re-

sponded to more than 25 emergency declarations, including the Shadyside and Massieville floods and the Lucasville prison riot. National Guard men and women have given over 300,000 days of service to the state during this period.

In addition, the Guard's military equipment and expertise are applied in service to Ohio on a number of fronts. National Guard support to civilian law enforcement in eradicating marijuana has reaped nearly half a million plants; 3,000 pounds of other illegal substances; 621 weapons; and 1,000 properties from drug purveyors. The street value of these items is well over one billion dollars. The value to our citizens in taking them off the street is incalculable.

National Guard men and women take their drug prevention mission seriously. While military support reduces the supply, our people are educating our youth to the hazards of drugs to reduce the demand. To this end, the Guard has adopted more than 80 primary, middle, and secondary schools in Ohio. While spreading the drug prevention and awareness message, our guardsmen also tutor students for the ninth grade proficiency test; provide vocational training; sponsor leadership camps for troubled youth; teach safety awareness and the benefits of making positive life choices; and prepare students for the challenges of college and employment. While most of the focus has been placed on Ohio's youth, the Guard will soon kick off

a program directed at parents—assisting them with the difficulties of raising children in the '90s and how to effectively deal with problems such as substance abuse.

National Guard medical personnel have also been active in programs with youth. Working with the Ohio Dept. of Health and local health service agencies, guardmembers have provided early childhood immunizations, wellness assessments and basic dental care to hundreds of medically underserved children throughout the state. National Guard engineers perform countless community service projects to improve our schools and neighborhoods—anything from

building drug-free playground to tearing down crack houses in the inner city.

How much do these services cost Ohioans? Not one penny! The 18,000 members of the Army and Air National Guard, in addition to preparing for war and responding to emergencies, volunteer their time and apply their training to "add value to Ohio."

The next time you wonder how your tax dollars are spent and what return you're getting on your investment, remember the National Guard. We're a good investment for Ohio...and America. ■

## Lee advocates proactive Guard, Reserve use

By Rudi Williams  
American Forces Information Service

Expecting guardsmen and reservists to respond quickly to worldwide flare-ups of disorder could cause problems for personnel, their families and employers. But Deborah Lee, DoD's top reserve advocate, has a remedy. It's called advanced planning. "The time is ripe for reserve components to do more to help active forces accomplish their mission," said Lee, assistant secretary of defense for reserve affairs. "It won't create problems if we do it right, which means having the very best advanced planning.

"For example," she continued, "we can't predict when we'll run another operation that starts as a secret, such as Haiti, but we can predict year after year much of our day-to-day necessities in Europe, Southern Command and in the Pacific."

When reserve component personnel perform their annual two-week active duty training, "we can send them to work anywhere in the world to help relieve some of the stress on active duty forces," Lee said. "They can get an excellent training value as well as accomplish important work."

She emphasized this idea will work only with well-thought-out advanced planning

by top officials and by individual reservists—such as making arrangements with employers and preparing their families for their absence. "We need to ensure that our reservists understand it's incumbent upon them to give their bosses as much advanced notice as possible," Lee said. "Most employer problems are caused by people who didn't tell their bosses about a training period or deployment until the last minute—even

***"The time is ripe for reserve components to do more to help active forces accomplish their mission."***

though the individual may have known for weeks or longer."

Lee has put together a tax incentive package for employers of guardsmen and reservists she hopes

will be submitted to Congress this year. "It's targeted at easing the financial strain employers feel when people are involuntarily called up to go to a Desert Storm or Haiti," Lee said. "Small businesses in particular suffer sometimes because they rely so heavily on one or two employees. If they happen to be guardsmen or reservists, it really hurts."

Some reservists reported losing significant money when they served in the Persian Gulf war. Lee said that's a deterrent to retention. So she's pushing an income protection program called mobilization insurance. It's a voluntary, self-funded system that will pay a certain amount of money to reservists and guardsmen who lose money while on active duty. ■

## Command Profile



Col. Lance Talmage  
112th Medical Brigade

Age: 57

Occupation: Physician—Ob/Gyn

Life has taught me: The welfare of your fellow human beings should be your primary goal.

If I could have just one day all to myself, I would: Watch old war movies while reading an adventure novel.

The one film I would have liked to have starred in: Gettysburg

When no one's looking I: Quit shaving and bum around a beach in nothing but a bathing suit.

When I was little I wanted to be: A fighter pilot.

The worst advice I ever received was: Don't even try—it can't be done.

The best advice I ever received was: Always be sure you approve of you.

If I could dine with anyone, past or present, I would invite: Jesus

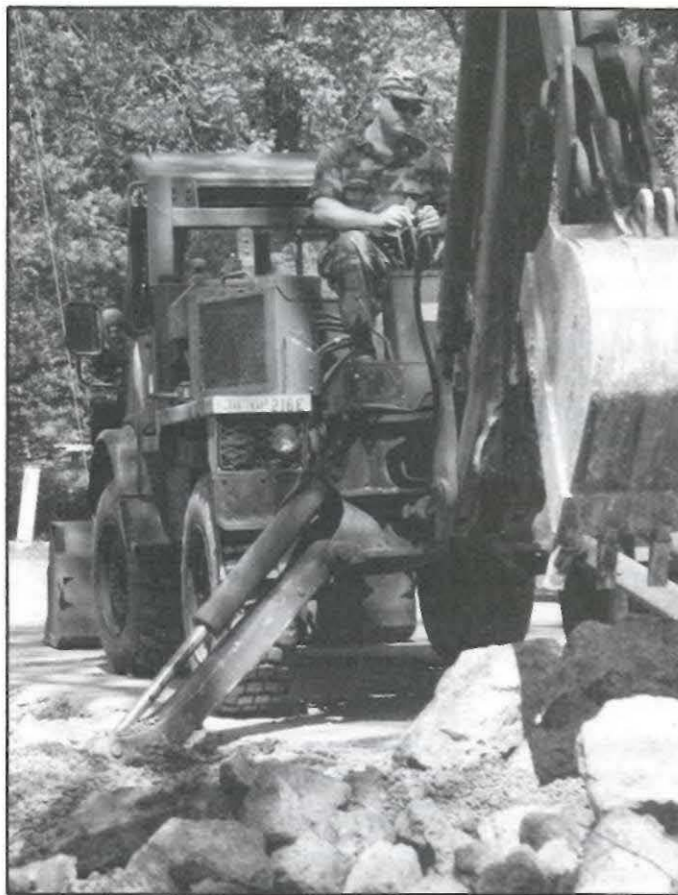
The best moment of my life happened when I: Met my wife; found God; birth of 3 children; college graduation of 3 children.

My favorite book: The Bible and any Tom Clancy novel.

My favorite movie: George Patton.

If I could leave today's guardmembers with one piece of advice it would be:

Always strive to be the best that you can be and tomorrow try to be just a little better.



CPL Thomas Bane, Co. A, 216 Eng. Bn., operates a backhoe to help clear debris caused by flood damage last spring.

Story and photos by Spc. Cindy Cannon and Pfc. Stacey Moore  
16th Engineer Brigade

More than 90 members of the Ohio National Guard responded to the state of emergency declared by Gov. George V. Voinovich on May 17. Earlier that week, a storm front dropped 5-6 inches of rain throughout southern and southeastern Ohio, causing significant flood damage in Galia, Meigs, Preble and Ross Counties.

Soldiers from HHC, 16th Engineer Brigade; HHC, 134th Engineer Group; HHC, Company A and Company C of 216th Engineer Battalion; and Company C of the 112th Engineer Battalion took part in the activation.

Under OPLAN READY, the adjutant general designated the 16th Engineer Brigade as the command and control headquarters for all military support efforts of both the Ohio Army and Air National Guard during such emergencies. Coined "TASK

FORCE 16," Guard officials focused support efforts in Ross and Meigs Counties.

Maj. Michael L. Ernst, coordinator for Ross county, said that many soldiers called in to volunteer for activation even before military support was deemed necessary.

"The soldiers' commitment and the enthusiasm generated by the Guard and the community working together was really impressive," Ernst said.

Two of the soldiers working in Ross County, Cpl. John A. Rardin and Cpl. Thomas E. Bane followed the mission from beginning to end. Rardin, a light equipment operator, and Bane, a heavy equipment operator, worked with others to tackle the damage found at Treego Creek.

"We were sent out there to

# Ohio Guard engineers respond to spring floods

## OPLAN READY undergoes rigorous rehearsal due to state of emergency

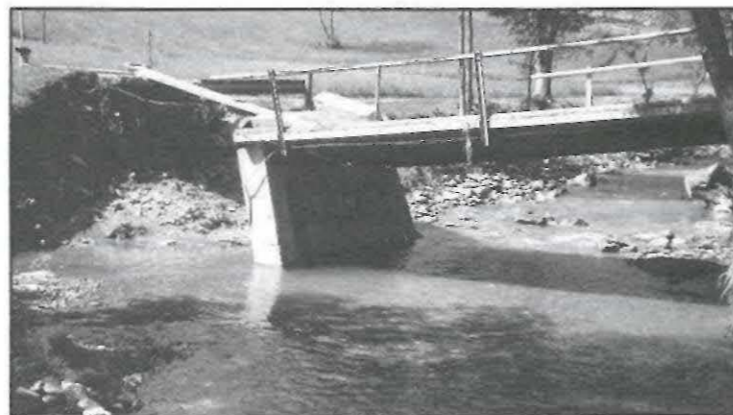
build up the road to avoid further washouts," Rardin said. But the soldiers accomplished much more than that. They ended up replacing a road which had been partially swept away, renovating a completely destroyed bridge and removing debris which clogged many culverts along the creek.

Another Ross County bridge the engineers worked on belonged to Clarence Strawser. His bridge was so devastated by the flooding that it literally cracked into two pieces. Guardmembers successfully dismantled, removed and replaced it. Similarly, in Meigs County, the Guard restored a flooded-out bridge that provided access to a

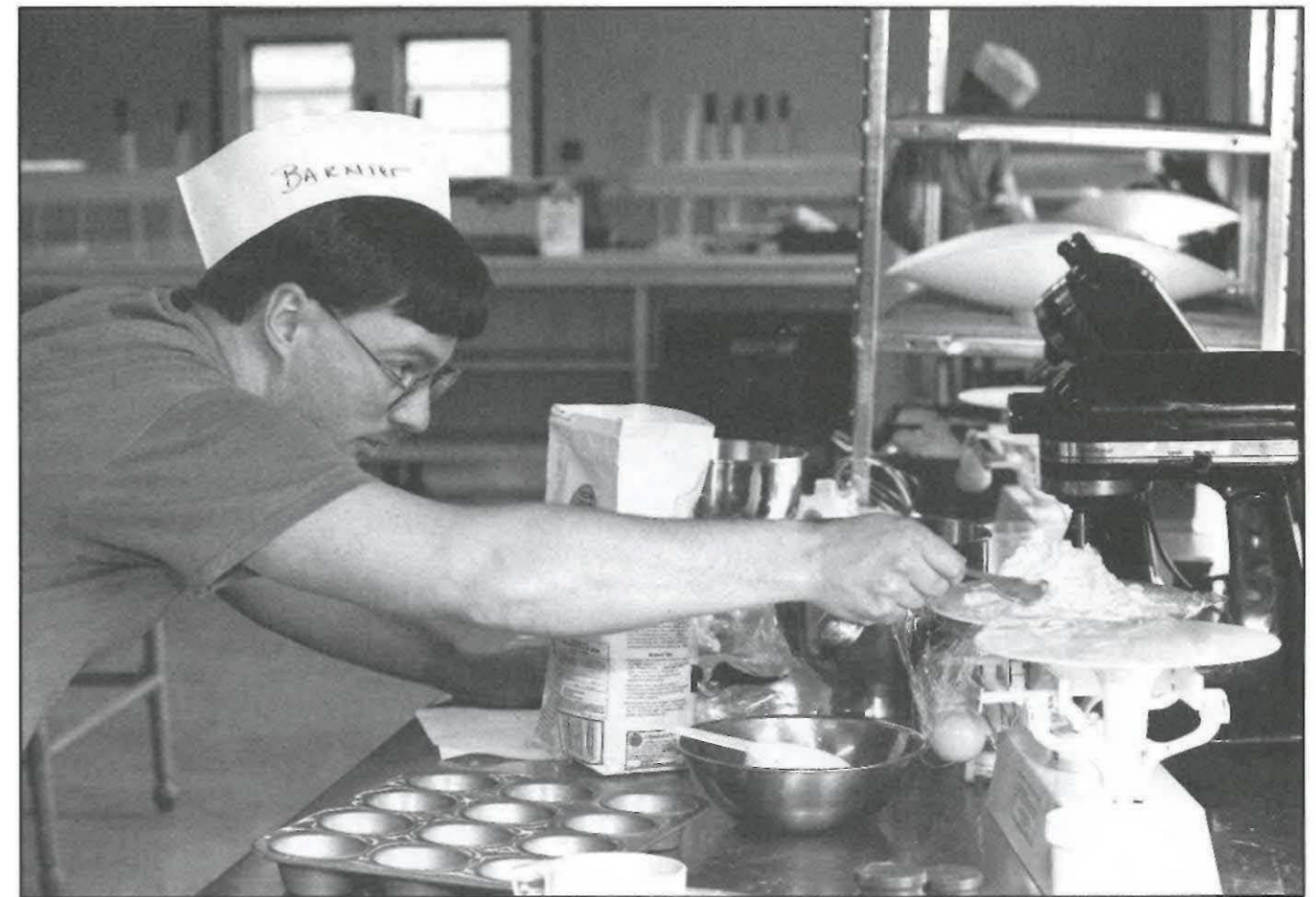
disabled veteran's home.

For six days, an average of 27 men worked eleven hours daily on projects within Ross County. This included repairing and restoring culverts that had been carried away by rushing water, as well as reinforcing the strength of the bridges and sides of creeks to prevent further erosion in case of additional flooding.

Though all the soldiers walked away from this emergency with a sense of mission accomplishment, one guardmember left with something more. Officials from Scioto Township were so impressed with Cpl. Bane, he was offered a full-time position with the trustees as a crane operator. ■



Several bridges collapsed under the pressure of flooding and rushing water.



SPC Delbert Barnier, Michigan National Guard, carefully measures ingredients for making muffins.

# HOME ON THE RANGE

## Future Army cooks learn culinary skills at Camp Perry

Story and photos by Staff Sgt. Lori King  
196th Public Affairs Detachment

A brisk wind off the lake carried the sweet scent of sugar cookies throughout Camp Perry, sweeping away the usual smells of spent rifle shells and CS gas.

With only brownies in their MREs to satisfy their sweet tooth, soldiers training here from May to September can only breathe in deep and dream of wolfing down the source of their culinary fantasies.

Who are the culprits responsible for making a hungry stomach rumble?

They are the students of the new two-week regional Food Service Specialist (92G) school. One of those students is Ohio Army Guardsman Pfc. Paul D. Rubadue, of C. Co., 237th Forward Support Battalion. But the young

baker was oblivious to any commotion he had caused.

Instead, he was worried about his very first batch of sugar cookies. After all, he was warned that any slight variation of ingredients could affect the quality of the batch.

So when he pulled his cookies out of the oven, the former medic was relieved to witness standard Army sugar cookies: round in shape; crisp on edges and slightly chewy in

the center; sweet, sugary with no bitter off-taste; and a light golden brown.

Just like the manual described them.



RIGHT: SFC William H. Lyon checks sugar cookies made by PFC Paul D. Rubadue.



Until September, when the last class of FY95 fries its last piece of chicken, two baking and cooking labs will be occupied by newly-qualified Army cooks like Rubadue.

Though many of the students are already familiar with their unit's kitchens (they just needed the qualification), the rest are inexperienced cooks who found themselves scrambling for a slot to stay in the Guard. Because of the recent rash of soldier reduction and unit realignments, many soldiers lost their jobs, forcing them to change MOSs or find a new home.

With guidance from Ohio Military Academy (OMA) instructors, those who chose to enter into the military culinary world are taught everything they need to know to make their unit happy at meal time.

Traditionally, the academy has a reputation of churning out combat-ready leaders. After attending any of OMA's NCOES courses, graduates can shoot a back azimuth, know what battle focus is, and even comprehend field manuals.

And now the OMA is providing baking and frying lessons.

Hey, don't laugh! This mission is being taken very seriously by OMA, the National Guard Bureau (NGB) and particularly the many soldiers whose jobs in the Guard are being

saved because of this cook school.

According to OMA Course Manager Master Sgt. Atrel Henderson, the OMA Food Service school began last year when NGB mandated the academy to provide a regional cook school for guardmembers in 14 states.

Henderson explained that's why the OMA mission was expanded to include the MOS qualification cook school to the traditional NCOES courses. Now students as far away as Alabama don't have to travel all the way to the parent cook school in Fort Lee, Va., to attend the course.

Last summer, OMA taught its first 92G10 course. This year, the school is in full swing. About 267 students, new or experienced food specialists, will be graduating from 13 92G classes. In addition to the five 10-level classes, OMA is also offering advanced courses for the 30- and 40-level food service managers.

Henderson admitted he had to warm up to the idea of his OMA instructors teaching soldiers how to bake an apple pie.

"My first feeling was that after being in the military this long, I didn't have a high opinion of cooks. I used to compare them to the ones in Beetle Bailey, like throwing cigarettes in the soup," Henderson laughed.



"But after working with these folks, I've gained a new-found respect for food service specialists. They have to follow strict sanitation, nutrition and food preparation guidelines. And there's tons of paperwork.

"They also have to be good managers by knowing how to stay within the budget, order food and contact vendors. All most soldiers get in the end is the result—good chow!"

Henderson, a 20-year Army infantry veteran, said going from digging foxholes to being official food taster was a bit difficult to digest.

"But now I get great satisfaction when I see students who have never cooked before baking pies. Just seeing the pride on their faces when they see it coming out of the oven.... Well, I wouldn't want any other duty."

And neither would Staff Sgt. Gerald Minor, who is one of 50 OMA cook school instructors. Minor, of HHC, 2/137 Aviation Battalion, has been an Army cook since 1970.

He said passing on his knowledge to the students is very rewarding.

"Our experience with real-life cooking situations adds credence to the numbers we're throwing in front of them," he said.

For example, inexperienced cooks take for granted that the frig simply must be cold so milk won't spoil. But what would happen if the big pot of freshly-cooked meat was put in the frig overnight to cool off? The heat from the cooked meat would increase the temperature in the frig to 55 degrees, which is 14 degrees higher than the required 41 degrees or lower to keep food safely cool. The result? Spoiled milk.

This is just one of many lessons Minor passes on to his students in hopes they'll learn from these real-life catastrophes, and successes. Minor credits recipe cards, prepared annually by a Department of the Army menu board, for much of his success. He said it's essential his students learn to follow them closely.

"Following those recipe cards has made a hero out of me because when followed correctly, they work. I haven't seen a recipe

followed to the letter fail," Minor said.

Little or no creativity is probably good news to many of the basic students who have never even cooked an omelet, let alone an appetizing full-course meal for 200 hungry grunts. But in just two weeks, Minor is confident OMA graduates will be able to do just that.

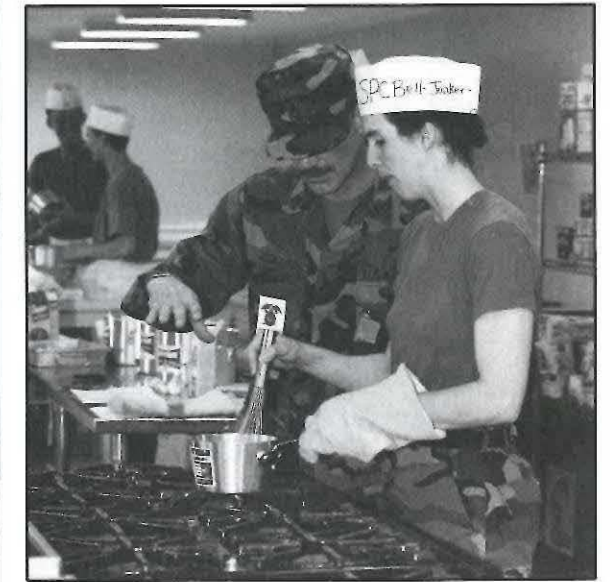
Here's how the basic course works: Students are divided into two platoons. While one learns how to cook meat, stew, breakfast foods, soups and pastas in the cooking lab, the other platoon bakes quick breads, fruit pies, hot rolls, and cakes and frostings in the baking lab. After three days, the platoons trade labs.

The final week, however, isn't spent eating all the great chow they created. They go to the field and learn how to feed a unit under tactical conditions.

Rubadue said he is thankful for the opportunity to attend the course.

The former sailor joined the Guard as a medic in 1992, but an injury at AIT cut his schooling short. After several years of feeling out of place at his unit, he transferred into the kitchen.

FAR LEFT: CW3 Joe Perkins teaches OMA students how to tell if fish is properly cooked. LEFT: Food Service Specialist trainees prepare chicken for frying. BELOW: SPC Malinda Bell-Jonker, 1487 Trans. Co., learns a few cooking tips from SSG Harold R. Collins.



"I felt kind of bad for the other cooks because they were just two guys cooking for a whole unit (about 45 people). I did it for them and for myself," Rubadue said.

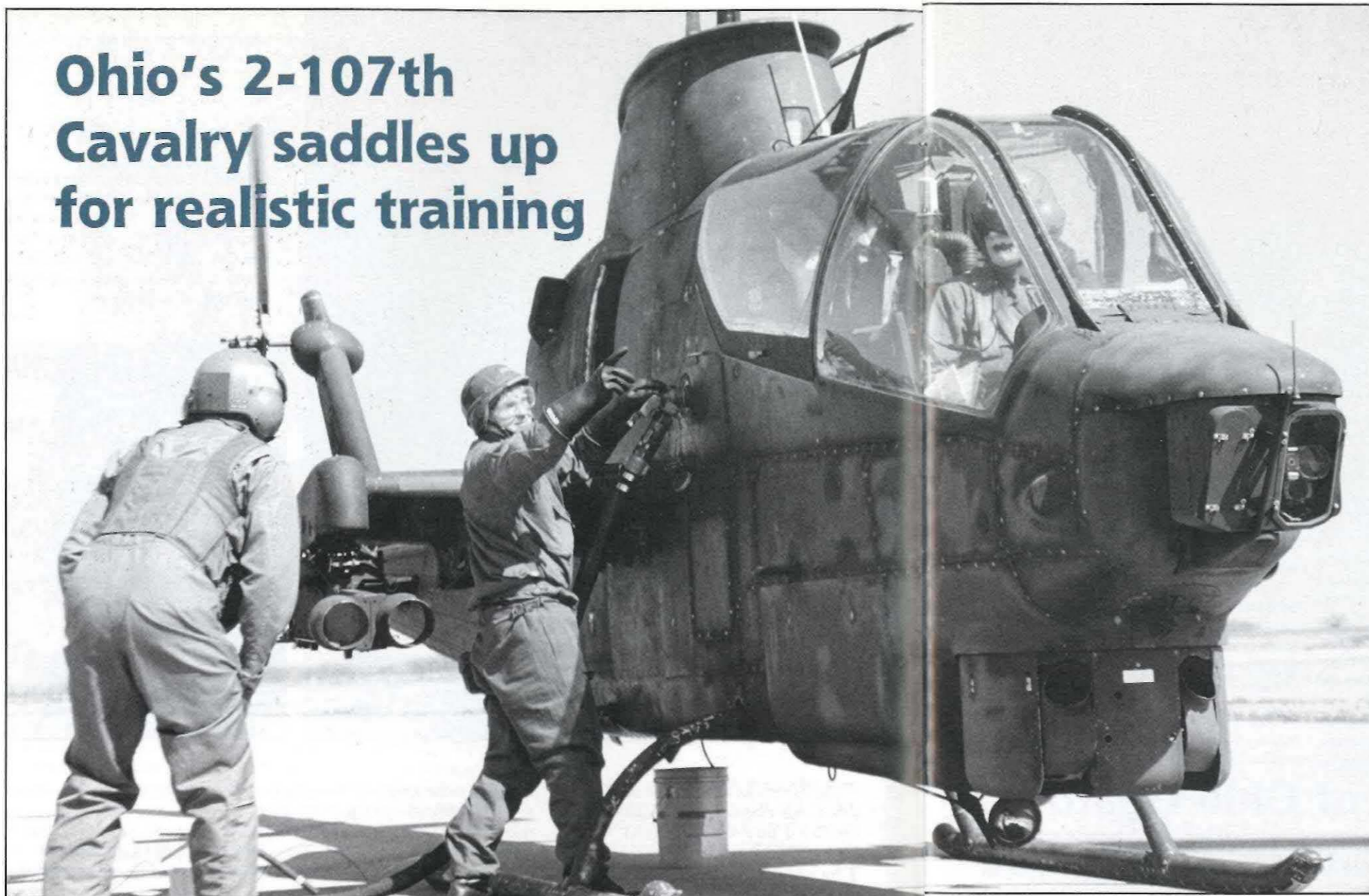
He added that the transfer has changed his attitude for the better. "I have a much more positive attitude about the Guard, and feel I'm accomplishing something."

One reason he doesn't mind trading in a stretcher for a spatula is because his dad was a cook in the Army National Guard.

"The men in my family have always cooked. It hasn't been just the women," he proclaimed.

"We Rubadue's have broken the mold a long time ago." ■

## Ohio's 2-107th Cavalry saddles up for realistic training



SGT Forest Jakeway signals pilot CW3 Mark P. Fields to observe the fuel gauge during refueling operations.



TOP: An AH-1 Cobra gunship is guided to the refueling point at the Fayette County Airport. BELOW: CW3 Bradley E. Anspaugh conducts a familiarization class for Fayette County volunteer fire fighters.

Story and photos by Sgt. Richard A. Pemberton  
Troop E, 2-107th Cavalry Squadron

While most folks spent their March weekends cleaning their yards and planting seeds, troopers from the 2-107th Cavalry Squadron, 38th Infantry Division, delayed their yardwork to pull on their boots and saddle their "mounts" for two days of battle focused training.

Troop F galloped away in their steel M978 HEMTT's and M998 HUMMV's to Fayette County Airport to establish a forward arming and refueling point (FARP) in support of air reconnaissance troops. Air crews from Troop D and E slid into the cockpits of their aluminum A-1 Cobra gunships to fly a tactical route reconnaissance mission. Combining both missions into one large operation gave every trooper the practical training experience it takes to survive on the battlefield.

Planning for this boots and saddles cavalry operation took time and

dedication. Each troop complied with their assigned tasks as outlined in the operations order, which was drafted well in advance by Headquarters Executive Officer Maj. Steve A. Janasov.

Soldiers from Troop F, led by Capt. Donald Strube, set up two refueling and one armament point to service the Cobras and other support helicopters. By noon, after a walk-through inspection by Squadron Aviation Officer Capt. Jack D. Arnett, the FARP was certified ready for operations.

"We set up two arming points to simulate wartime conditions," Sgt. 1st Class Scott Hines said. Wearing Mission Oriented Protective Posture (MOPP) gear and practicing tasks related to nuclear, biological and chemical (NBC) training also added realism to the operation.

Lt. Col. Larry M. Hott, squadron commander, 2-107th Cav., was on hand to observe the ground forces and flew in an OH-58A Kiowa helicopter to observe the air crew training. During the air crew briefing he expressed his concerns that the unit have good practical training but

to be aware of safety at all times. "Mission completion is second only to safety of the personnel," he said.

Col. David T. Hartley, assistant deputy commander—Ohio, 38th Infantry Division, also spent the day observing the FARP installation and flew the mission route with opposing force (OPFOR) helicopter pilot, Chief Warrant Officer D. K. Taylor.

"I participated in a dual capacity," Taylor said. "As the 'bad guy' aviation commander, I was able to disrupt the 'good guy' air crews with false radio calls and menacing flight maneuvers. As the Squadron Standardization Instructor Pilot, I saw how our air crews reacted to changing and sometimes confusing situations.

"This allowed me to assess our pilot capabilities and limitations, and to tailor future aviation training," he added.

Out on the front lines, Troop D and Troop E flew their assigned route reconnaissance around the Brush Creek area. Their mission was to navigate at low altitude along an assigned route and avoid flying over "enemy" territory. This mission strengthened their navigation and

reporting skills. When their "mounts" became thirsty after a long day's work, the pilots turned toward the FARP and flew in for fueling.

The operation also served as an exchange of information between members of the 2-107th Cavalry and the Fayette County local Volunteer Fire Departments. Chief Warrant Officer Brad E. Anspaugh presented a helicopter familiarization course to the fire fighters, while the soldiers were educated about the capabilities of the civil fire departments.

"I felt the classes were valuable, not only for the fire departments involved but for the cav personnel as well," said Anspaugh. Since the fire fighters were encouraged to observe aircraft refueling throughout the afternoon, their briefing stressed safety during helicopter operations.

"I think the FARP operation went great," said Troop F 1st Sgt. Jeffrey W. Hutcheson. "The field environment enabled our troopers to perform their jobs in a wartime climate, adding excitement to the training and motivating our troops!"

**Author's Note:** If you think the life with the Cavalry is for you, contact the 2-107th Cavalry, Sgt. 1st Class John Hutcheson at (614) 492-3763.

# BIG DROP II

## 179th Airlift Group participates in largest Air Drop since D-Day!

Story by Spc. Richard McGivern  
196th Public Affairs Detachment

At midnight, giant green parachutes attached to vehicles, artillery pieces and other equipment and supplies, floated down from about 1,000 feet, while C-130s and C-141s filled the sky. Minutes later, Army paratroopers jumped from similar aircraft and could barely be seen as they landed.

The soldiers moved quickly to secure the cargo and in less than an hour and a half, more than 389.3 short tons of cargo and 2,530 paratroopers were on the ground and ready for combat.

That was the scenario of the largest airborne airlift training mission since World War II. Dubbed Operation BIG DROP II, the May 6, '95 exercise utilized a mixture of Air National Guard and Air Force Reserve aircraft from around the country, including an aircraft and crew from the 179th Airlift Group, Mansfield.

Two fully equipped brigades of the Army's 82nd Infantry Division (Airborne) were the precious cargo. Personnel, heavy equipment and delivery system airdrops were conducted at night under simulated poor weather conditions on three drop zones nicknamed Sicily, Normandy and Holland at Fort Bragg, North Carolina.

BIG DROP II was conceived to build on lessons learned from Operation UPHOLD DEMOCRACY (the aborted invasion of Haiti).

"The reason we're doing this is to perfect our joint operations in real world scenarios," said Lt. Col. Dan Watkins, vice commander of the 135th Airlift Group, Maryland Air National Guard and deputy commander for the exercise. "Historically that's the way the Army is going to fight and its going to take a large formation of aircraft to transport them," he said.

Although this was a joint exercise, Air Guard and Air Reserve units provided the largest package of aircraft, which included a total force of 20 C-141s and 49 C-130s.

"This was the first time ever that the Air Force has brought together this number of Guard and Reserve personnel, on this large and unique a mission, to fly this number of aircraft in a real-world training exercise with the Army," said Lt. Col. Carl Guske, the BIG DROP II commander. "And," he emphasized, "the Guard and Reserve really wanted to participate in the planning and logistics of this large an exercise."

Guske also noted that this was a key mission for Guard and Reserve pilots because for many, this was the first time they had flown using the



Photo provided by the 179th Airlift Group

**ABOVE: A crew and aircraft from the 179th Airlift Group were responsible for the placement of a 30,000 pound pallet loaded with bladders of fuel.**

Adverse Weather Aerial Delivery System (AWADS).

Twenty five aircraft equipped with AWADS used the radar imaging system to determine the precise moment to drop the paratroopers and cargo despite nighttime flying conditions and lack of outside visual references.

But pilots weren't the only ones to benefit from this exercise; Guard and Reserve maintenance crews were commended for keeping aircraft—in some cases 30-year-old models—in excellent condition, resulting in only one significant mechanical problem. ■

**AUTHOR'S NOTE:** Information compiled from the 314th Airlift Wing Public Affairs Office press release dated May 2, 1995.

## Holding captures history of Ohio Guard

Story by Sgt. 1st Class Candace J. Kline, Command Historian  
Photo by Joe Hofbauer, TAG Photo Lab

### Did you know...

...That the Ohio Militia, which later became the Ohio National Guard, was organized at Marietta in 1787 under the Northwest Ordinance before Ohio was a state. It was established by law on July 25, 1788.

...That Ohio militiamen were present at every critical battle of the Civil War. They were also engaged in the Wyoming Territory and Sherman's March to the Sea. Ohio Civil War regiments claim battle honors for many well-known battles such as Shiloh, Chickamauga, Cold Harbor, Antietam, Gettysburg, Spotsylvania, the Wilderness, and the sieges of Atlanta and Savannah.

...That Kennesaw Mountain Landis, the first commissioner of baseball, was born in Millville in Butler County. He was named for the Civil War battle at Kennesaw Mountain, Georgia in which his father, an Ohio militiaman, was wounded.

...That the lineage of the 112th Engineer Battalion goes back to February 22, 1837, when they

were organized as the Cleveland Grays, an independent militia company. ...That the First Battalion, 166th Infantry, which is now inactivated, can trace its lineage to the Second Regiment, Ohio Volunteer Infantry, formed on June 23, 1846.



**ABOVE: German World War I gas mask which is part of the Ohio National Guard Historical Holding.**

These are just a few of the tidbits that can be found in the historical holding at Beightler Armory. A holding is a collection of historical artifacts, photographs, books and files which has not received accreditation as a museum. Many of our artifacts and photos are on display in a room off the drill floor.

When a unit inactivates, historical artifacts and files should be sent to be placed in the holding. Individuals who have historical items may donate them to the holding. Items which are representative of units and might become historical, may also be sent to the holding; for example, photos (with captions), newspaper articles, a special logo or motto, unit coffee mugs, baseball caps, invitations or programs from special events or ceremonies. ■

Contact Sgt. 1st Class Candace Kline if you have any questions or would like to see the display. The number is (614)889-7224 or DSN 273-7224.



MG Alexander presents a proclamation from Gov. Voinovich to interpreter Jozsef Revecz to read to MG Gillicz (far right).

## Ohio's Hungarian Connection

Story by Capt. Andrew N. Pogany,  
HQ STARC (-Det. 1-5)

When Hungarian military attorneys Col. Laszlo Mezei and Col. Gyorgy Szekely stepped off the plane and into the United States for the first time in their lives, it was easy for Ohio Army National Guard officials to pick them out of the crowd of deplaning passengers. It wasn't their fedora hats, sleepy eyes or dark overcoats that gave them away—it was their huge smiles.

Lt. Col. Ralph W. Green, director of Military Support for the Ohio Army National Guard, and his Chief of Operations Command Sgt. Maj. Michael O. Howley were the first to greet the two diplomats at Port Columbus last January. It had taken both sides several years to lay the groundwork for this international connection, and expectations were high. Anything short of a favorable outcome could negatively affect future relations.

But in spite of having to communicate through a translator, something clicked. Within five minutes the men were trading jokes and both countries felt at ease with the knowledge that this visit would be a success. Thus began the first official event of the Ohio-Hungary Military-to-Military Partnership Program—the Military Law Familiarization visit.

The Ohio-Hungary Partnership has its roots in the DoD Military-to-Military Contract Program. The Ohio National Guard's role in the partnership program is to advise and assist Hungary in establishing a new relationship between its military—the Hungarian Home Defense Forces (HHDF)—and its newly democratic civilian government (see "What Connection?" on page 17). The HHDF have asked for advice on

how to refine its efficiency and add value to Hungary's citizens, while struggling with budget constraints and reducing its personnel strength to one-fourth Warsaw Pact levels.

Some areas the Hungarians have expressed particular interest in are: The Active Reserve Forces concept used in the United States as a cost effective way to improve overall readiness; the benefits of maintaining a separate set of laws for the military, such as our Uniform Code of Military Justice (UCMJ); and the development of a U.S. modeled Non-Commissioned Officer (NCO) Corps.

Lt. Col. Robert Labadie, director of Special Projects, and his networking skills are credited for successfully developing the Ohio Guard's involvement in this project. After establishing essential contacts, Labadie turned the program over to the Military Support Office, headed by Green. As program manager, Green is responsible for planning and coordinating all events, to include: routinely communicating with U.S. Army European Command (EUCOM), the Hungarian Embassy and National Guard Bureau in Washington D.C., and the U.S. Embassy in Hungary's capital city, Budapest.

Military lawyers, HHDF Colonels Mezei and Szekely, were interested in learning more about law during their winter visit. Unlike the UCMJ, Hungary's military justice system is not separate and distinct from its civil law codes. The two spent 10 days talking about law and just about everything else with Guard and Reserve lawyers. Ohio National Guard's Judge Advocate General (JAG), Lt. Col. Joseph Skelton, his staff and the 83rd Army Reserve Command (ARCOM) JAG officers enjoyed the visit and found the experience engaging. The discussions ranged from basic reserve forces structure to soldiers rights to the latest in the O.J. Simpson trial (the fascination transcends cultures).



RIGHT: Members of the Ohio-Hungarian partnership pose for a picture after a briefing at the governor's office. BELOW: CSM Howley receives a gift from Hungarian LTG Kovacs.



The Military Law Familiarization visit also included: a tour of Capital University Law School, a visit to the civilian law offices of Bricker and Eckler in downtown Columbus and social events hosted by Columbus and Cleveland Hungarian communities.

The untiring efforts of the Hungarian ethnic communities, Governor Voinovich's office and the total commitment by the adjutant general are reasons Green gives for the success of this program.

During March 12-16 it was Ohio's turn to visit its partner's homeland. The Senior Leader's Visit to Budapest was the first opportunity to bring the adjutant general of Ohio and the commander of the 83rd ARCOM to meet their Hungarian counterparts and solidify their commitment to the Ohio-Hungary Partnership Program. "One has to realize," said Green, who has a degree in eastern European history, "that Hungary has an eleven hundred year history, and it is necessary to understand their past to appreciate what has brought them to the present." Green believes this understanding will better help Ohio assist them in the future.

Howley agrees and emphasizes, "We are not here to dictate anything to them, but merely offer suggestions and methods."

The Ohio delegation met with several important advocates of the partnership including U.S. Ambassador to Hungary Donald

Blinken, the Hungarian Minister of Defense Gyorgy Keleti and other critical supporters from the U.S. Embassy, Hungarian Home Defense Forces, and Hungary's Ministry of the Interior Civil Defense Headquarters.

During a dinner hosted by Maj. Gen. Ferenc Kantor, Head of International Relations Directorate of the HHDF, the discussion centered around the benefits of reserve forces and a strong NCO Corps. Alexander made several



With the help of an interpreter, MG Alexander chats with Hungarian Minister of Defense Gyorgy Keleti (left).

key points about a "volunteer military" as opposed to a conscript system. He then interlaced those points with a professional standing reserve force concept.

"In an all-volunteer military, with a strong reserve force, you create force multipliers of quality people and cost efficiency," explained Alexander. "Hungary is moving in that direction and we are a very appropriate study for them in that regard," he said.

After much discussion, the Hungarians agreed their officer-to-NCO ratio needed to be reversed. "Hungary has no NCO's as we know them," explained Howley. "Their noncommissioned officer ranks are like our specialists, and they are not accountable in the same way as our NCO's, he said. "For example, they do not function as small unit (squad or section) leaders; this is all done by junior officers in the Hungarian military."

The Hungarians seemed convinced that developing a U.S. style NCO Corps would increase their military's sense of pride and overall effectiveness. And, as an added benefit, would free officers from managing daily operations, thus, bolstering the HHDF planning and decision making capabilities.

"In fact," said Howley, "one of the main reasons for taking me on the trip was to discuss our current NCO education system and to present a personal example of the professionalism of our NCO Corps." In addition to his

full-time duties, Howley serves as the Post Command Sergeant Major at Camp Perry, has completed all NCOES schooling and has earned a college degree. Alexander was proud to have Howley along as, what he calls, "a vivid example of what the NCO system produces. He was a true ambassador of the Corps" said Alexander.

The visit to Hungary has been hailed a total success. It has pointed the direction for the future and will be the foundation for long range strategy for the Ohio-Hungary partnership. As a result of the visit, both sides renewed their commitment to continued regular monthly/bimonthly contacts.

The international visits continued when the third ranking man in the Hungarian government, Minister of Defense Gyorgy Keleti, visited Ohio in May. Alexander noted that although his visit to the U.S. was designed for him to interact with defense officials in Washington at the ministry level, he chose to stop in Ohio based on the success of the partnership.

The near future of the program will focus on developing unit-to-unit partnerships such as the one recently formed between the HHDF Corps of Engineers and the 16th Engineer Brigade. Alexander explained in the long range future, Ohio guardmembers can look forward to "small cell exchange" of technical experts building toward unit level exchange. ■

## What Connection? A brief history

With the dissolution of the Warsaw Pact in 1989, Hungary regained control of its own destiny and is now a fledgling constitutional democracy. Hungarians have established a stock market, replaced Russian with English as the second language of choice in schools, is aggressively pursuing foreign investments and places becoming a member of NATO as one of its top priorities.

The Military-to-Military Contract Program gained prominence after a 1991 amendment in U.S. national security strategies which chose to seek "healthy, cooperative and politically vigorous relations with allies and friendly nations" leading to "a stable and secure world, where political and economic freedom, human rights, and democratic institutions flourish." By that time, Gen. Colin Powell, then chairman of the Joint Chiefs, had already established several successful military partnerships with other countries.

In the spirit of the 1991 amendment and inspired by the Powell-led active duty partnerships, Lt. Gen. John B. Conaway, then chief of the National Guard Bureau, estab-

lished the Ohio-Hungary Partnership Program in 1993. Ohio's partnership was just one of many formed to help the emerging democracies of Central and Eastern Europe with establishing new relationships between their militaries and their civilian governments. Slovakia, Croatia, Poland, Serbia, the Ukraine and the Czech Republic are some of the other nations needing advice after the abolishment of the Warsaw Pact.

The pairing of Hungary with Ohio made sense because of similarities in the following areas:

- Overall population and geographical area
- Topographical features.
- Both have a major lake, major river and rolling hills.
- Large agricultural area.
- Cleveland, Dayton, Columbus and Toledo have large ethnic Hungarian populations. (Only Budapest has a larger urban population of Hungarians than Cleveland).

## Budapest: Behind the scenes

The Ohio Senior Leader's Visit to Budapest, March 12-16, featured a good mix of business meetings and social events capped off by an evening in "the honored guest seats" at the Budapest opera.

The welcoming party in Budapest included Ohio-Hungary Partnership Program veterans Colonels Mezei and Szekely. It was a nice

surprise and a warm reunion for Green and Howley. Being hunters as avid as their guests, Mezei and Szekely graciously invited Green and Howley to their homes for dinner and an evening "szalonka" hunt. The szalonka is a nocturnal native Hungarian bird which is hunted for sport and food much like pheasant



Before the big hunt, LTC Green (right) and Col. Szekely take time for a photo.

is in Ohio. After not seeing a living thing all night (much less a szalonka), Howley recalled with a chuckle, "I asked them if they had ever heard of 'snipe' because that is what I figured we were on, a 'snipe hunt.'"

After the sergeant major explained to the Hungarians that a snipe is imaginary and a "snipe hunt" is a common practical joke in the States, "We all had a good laugh," Howley said. "But Lt. Col. Green still swears he saw one."

Whether the Hungarian szalonka is more similar to snipe or pheasant is unsure, but clearly one more similarity between Ohio and Hungary should be added to the list: great people.

# Family Days Youth Camp 1995

Story and photos by Spc. Nicole Smith  
196th Public Affairs Detachment

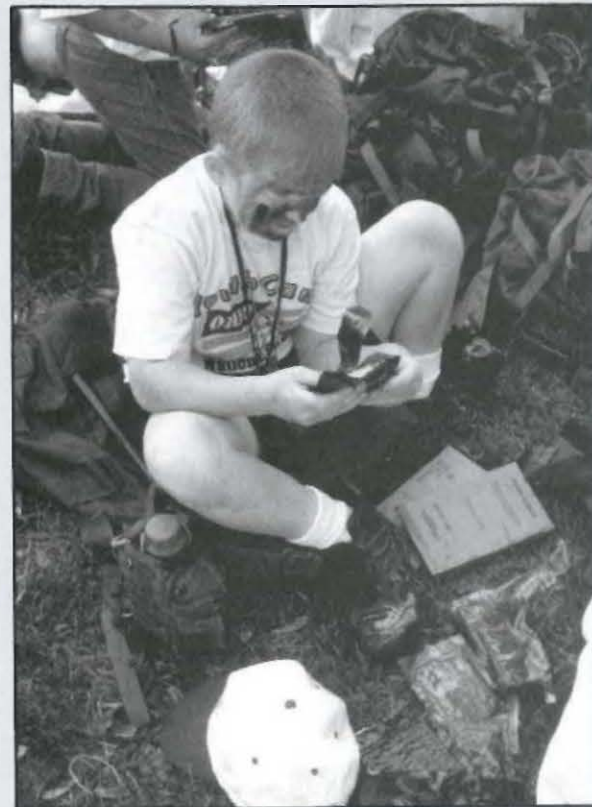
Neither the heat nor the enthusiasm dropped during the week of June 18-24, when one hundred 8-12 year old campers came to Camp Perry to get a dose of military life.

Shortly after the successful end of last year's three-day youth camp, the Ohio Volunteer Family Assistance Council (OVFAC) began organizing for this year's week-long encampment.

With all of the campers somehow related to members of the Ohio Air or Army National Guard, "The ultimate goal of this camp is to show these kids what the Guard does at drill and annual training," said Sherri Parsley, Camp Director.

And the kids were able to do just that by filling their days with such activities as marching in formation, shooting rifles and camping out in the field. Nature hikes, archery practice and the leadership reaction course were also enjoyed by all.

Now considered an annual event, the Ohio National Guard Youth Camp is already in the works for 1996. For those interested in becoming a camper or volunteer next year, call the State Family Program Office at 1-800-589-9914.



OPPOSITE PAGE: A camouflaged Brandon Cooper, 9, tastes a soldier's favorite chow, Meals-Ready-to-Eat. CENTER: TSgt. William J. Killilea watches as Tom Costello, 9, works on his archery skills. THIS PAGE, TOP: Campers tackle the Leadership Reaction Course with gusto. THIS PAGE, BOTTOM: Joi Seymour, 9, runs with all her might during a team relay race.

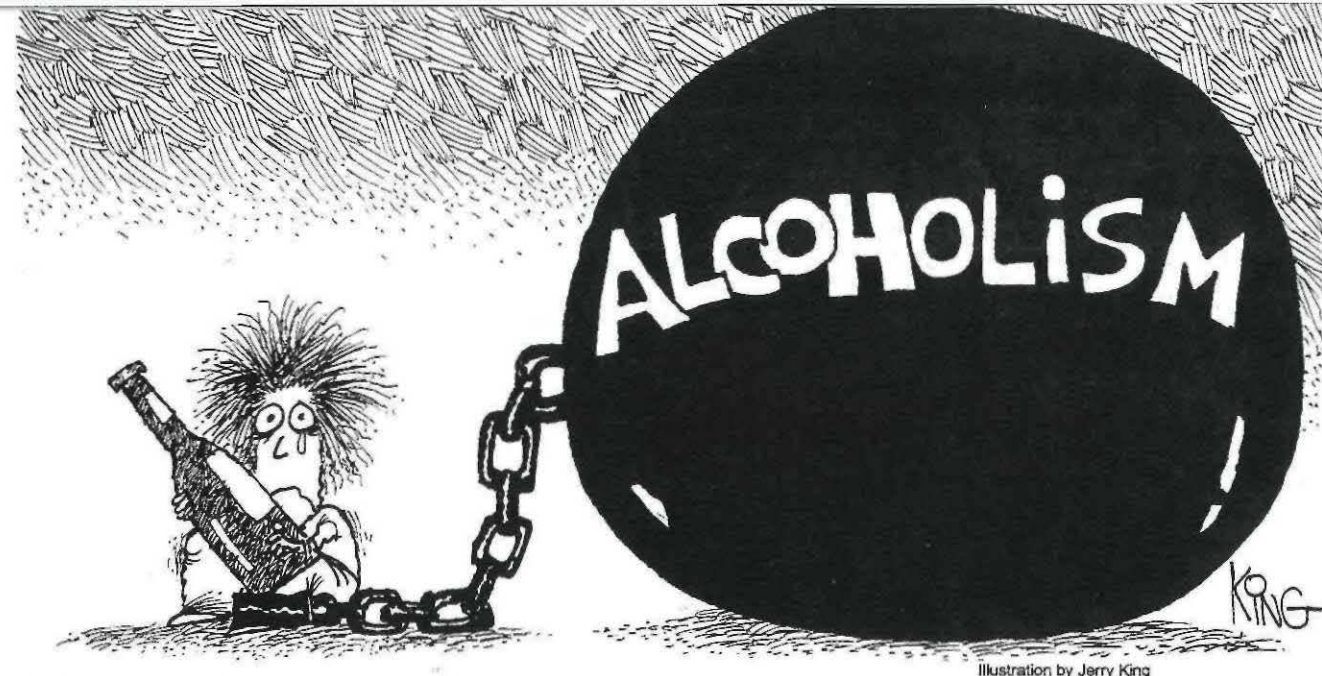


Illustration by Jerry King

# Alcohol abuse = life misuse

Story by Master Sgt. Robert Jennings  
196th Public Affairs Detachment

*Its grip is unrelenting.*

*Its effects astonishing.*

*Its aftermath is a battlefield of twisted lives.*

*Alcohol abuse continues to mount casualties even though its use in the military has declined over recent years.*

She joined the Army at just 18. She enjoyed new found freedoms. Although underage, she discovered alcohol was easily accessible. Living single in the barracks gave her a reason to drink.

She didn't have a car but she had her two feet and plenty of money.

She would party in the barracks with others all night.

The next morning she'd go to work, but the whole process would start over again once evening hit.

Today, Staff Sgt. Marcia Myers, 30, is a recovering alcoholic with a mission. She wants to maintain her military career while staying sober and educating others on the dangers of alcohol abuse.

"As my military career progressed, so did my drinking," said Myers. "It became a way of life for me. People seemed to enjoy seeing me drunk. I was the life of the party...or so I thought." Before deciding to seek help, Myers spent 12 years in the military as a functioning alcoholic.

Her long road to recovery began when she voluntarily entered into the Wright-Patterson AFB Alcohol Rehabilitation Center for 30 days. Now, as a successful recruiter in the Dayton area, she has come to terms with her disease.

"The military gave me a second chance at life—and for that I'm grateful," said Myers. "But in my opinion, the Army needs to develop a more refined program on drug and alcohol abuse education and support systems."

Myers is quick to point out that the military is not responsible for a soldier's drinking. She admits that people—civilian and military—are exposed to alcohol on a daily basis and not everyone chooses to make alcohol a major part of their lives like she did.

Nevertheless, she feels that education on alcoholism should be heavily

emphasized within the military community. "Through the years of my military career, drinking was condoned, and in some instances, actually encouraged," Myers recalls.

National Guard leadership realizes the problems associated with alcohol abuse and has taken steps to de-emphasize its use in all military settings. Old perceptions of annual training being a two-week party are being replaced, while new drug and alcohol abuse education and training programs are on the horizon.

Chaplain (Lt. Col.) Ken Daft, state chaplain for the Ohio Army National Guard, understands all too well the plight of soldiers like Staff Sgt. Myers. With a staff of chaplains trained to deal with alcohol related problems, Daft feels confident that soldiers who seek help will find it.

"During annual training we have AA meetings going on all the time," said Daft. "We want to encourage people to seek help and know that we are there to help." The chaplain also wants M-day soldiers to know that almost all communities in Ohio have alcohol and drug abuse centers.

"We want to educate," Daft said. "For instance, a little known statistic reveals that nearly 38 percent of our adult population may be classified as ACAs (Adult Children of Alcoholics). And what's even more shocking is the behavior of that alcoholic parent can be transferred to the child even if the offspring never takes a drink."

Through years of counseling, Daft has studied the sociological patterns of alcoholism and concludes that "almost everyone who seeks help has had someone in the family who has had a problem with alcohol."

"When we compare the past to now, getting drunk is not acceptable," Daft said. "You tend to be shunned if you get drunk, especially officers and senior NCOs."

Myers, who has been sober for over 18 months, wants to dispel the notion that once you've gone through treatment and have successfully stopped drinking that you are cured. "Recovery is much the same as the military's approach to training," Myers said. "You must constantly practice to sustain or maintain satisfactory performance. 'If I stop the practice of going to a support group, my performance will eventually decrease,'" she continued.

Myers feels she is taking positive steps to better herself as a person and a soldier. Although optimistic about the future, she is secure in the knowledge that failure is only one drink away. ■

## Abuse counselor supports facing alcoholism on life's terms

Story by Master Sgt. Robert Jennings  
196th Public Affairs Detachment

Professional counselors, like Frank Burks, support dealing with the problem of alcoholism on life's terms. They maintain that the abuse of alcohol may mask other issues that a person needs to address. Stress related factors such as finances, family, job and health are commonly at the core of the alcoholic's problems.

"Sometimes people are just trying to cope, so they turn to alcohol," says Burks, the civilian drug and alcohol program manager at Wright-Patterson AFB. "They don't need discipline. Compassion, caring and concern can go a long way, because in most cases, support is all a person is looking for."

Downsizing has created a climate of uncertainty and fear of the unknown. At the Wright-Patterson center, counselors are seeing more and more patients who are dealing with the loss of a job or reassignment. According to Burks, they are typically lacking self-worth and carry a "they don't want me anymore" attitude.

Military leadership positions bring a level of responsibility for the health and well-being of all soldiers, sailors and airmen. That's why Burks contends that commanders, first sergeants and first-line supervisors need to understand first the problem, then where to seek help and finally the recovery process.

But recovery can't begin until an individual admits a problem exists and is willing to seek help. "We tend to place labels on people,"

Burks said. "That's the reason most people won't seek help. No one wants to be labeled an alcoholic."

And it is in part that stigma, associated with the disease, that prevents most alcoholics from receiving help until they've reached rock bottom (loss of home, spousal abuse, accidents or incarceration).

Whether the service member comes forward, or a family member or friend calls the unit seeking help, National Guard commanders and supervisors can assist full-time and traditional guardsmen through referral systems like Alcoholics Anonymous or the Wright-Patterson program.

The Wright-Patterson Drug and Alcohol Program uses peer support to help in the recovery process. "What we like to stress is the group contract method," said Burks. This requires a person to commit to a 90-90 criteria (90 meetings in 90 days). And the group holds the person accountable to the contract. As a facilitator, Burks likes to appoint positive people—someone with successes who's been in the program for a long time—to help develop others.

"We require participants in our program to attend at least two AA meetings per week," Burks said. AA is best known for its successful 12-step program.

Being ostracized is a common complaint of the recovering alcoholic. One of Burk's recent patients wondered how he could have fun without drinking. "He complained of being bored and revealed that all of his friends socialize around alcohol."

Burks admits that many major decisions are

made over a glass of wine or beer, but maintains that drinking should be deglamorized. "It's happening all over," Burks said. "Establishments are dropping the once popular 'happy hour' or '2 for 1.' Instead, they are encouraging more responsible drinking."

On the subject of whether an alcoholic can ever become a just a social drinker, Burks is skeptical. "The American Medical Association (AMA) says nothing short of abstinence is acceptable." And, said Burks, "their studies show that once you acquire the disease you are always at risk."

Burks is philosophical and feels the overall spiritual well-being of the person is the most effective way to deal with the disease. "Spirituality is not about religion," said Burks. "What I'm talking about is a person feeling good and controlling the inner-self. Don't let things outside of your control drive you. You can control and are held accountable for your own actions." ■

**AUTHOR'S NOTE:** *The military is not alone with this problem. Every segment of society is touched by alcoholism. Agencies like AMA are continuing research that may someday link heredity to alcoholism. If you or someone you know has an alcohol or drug related problem, contact your local Alcohol and Drug Abuse hotline, or call the Columbus Area Council on Alcoholism at (614) 464-0191.*

## Education, prevention key to new satellite program

According to DoD studies, alcohol use among members of the military has dropped sharply over the last 5 years. But, says Chief Warrant Officer Beverly Kool-Tucker, equal opportunity officer for the Adjutant General's Department, the military still has a long way to go in desocializing

its use. Under the guidance of Tucker, National Guard unit representatives will soon undergo Unit Alcohol and Drug Counselor (UADC) training. "We have given unit members the additional duties but not trained them," Tucker said. The satellite training program will focus on education and prevention

and is designed to give the UADC the tools needed to present effective programs at unit level. Tucker sees the traditional guardsman receiving the same education as full-time employees of the of the Guard. "Support by the chain-of-command is critical," said Tucker. "Commanders must see the importance of maintaining a high level of awareness to the problems facing the citizen soldier." ■

### STATISTICAL SNAPSHOT

**According to a World-wide DoD study more service members are saying no to alcohol — some 20.4 percent abstain. Only 13.5 percent abstained in 1980.**

# Flier Cochran refused to lower her goals



Photo courtesy of American Forces Information Service.

Jacqueline Cochran escaped poverty to become a successful business woman, competitive pilot and head of the Woman's Airforce Service Pilots during World War II. She would later become the first woman to break the sound barrier.

Story by Sgt. 1st Class Stephen Barrett  
American Forces Information Service

As a child Jacqueline Cochran scavenged the Florida beaches for clams and crabs to supplement an inadequate diet. At 10 she worked for six cents an hour pulling 12-hour night shifts in a North Florida sawmill.

Yet Cochran battled through those tough times, pulling herself from an orphaned and neglected childhood to become one of America's most outspoken and accomplished pilots.

In *Women with Wings*, author Mary Cadogan said Cochran challenged the male-dominated skies most of her life. Cadogan wrote Cochran refused to set her aviation standards lower than any male pilot. Cochran showed no interest in setting gender-based flight records.

Still, Cochran's accomplishments set the standards for women's aviation through three decades. In 1938 she became the first woman to win the Bendix Transcontinental Air Race, one of the most prestigious events in aviation. That same year Cochran received the Harmon Award as America's best female aviator—an award she captured again in 1939.

Scratching and clawing her way to the top wasn't new for Cochran. Throughout her childhood she had to battle to get the things she wanted. Orphaned at birth, Cochran twice ran away from her adoptive parents, trying to improve her life. At 14 she moved away, taking a job as a hairdresser.

Oddly, it was Cochran's involvement in cosmetics that got her into flying. Cochran's cosmetics deals took her from Florida to New York. By 1930 she was working for Saks' Fifth Avenue, shuttling between New York and Miami salons.

While working in Miami one winter, Cochran met Floyd Odlum, a millionaire Wall Street financier with ties to many politicians, including

President Franklin D. Roosevelt. In listening to Cochran's future business plans, Odlum casually

mentioned she needed wings for her road trips.

Cochran took up the suggestion, earning her pilot's license in three weeks and commercial pilot permit in 1933. She then established a cosmetics business, flying between her salon in Chicago and a cosmetics laboratory in New Jersey.

Her career as a business woman and aviator took off. In 1936, she married Odlum and moved to California where she started meeting her husband's social, business and political contacts.

With World War II imminent, Cochran wanted to do her part for the American war effort. She wrote a letter to Eleanor Roosevelt, lobbying for

training and using women pilots in handling commercial air duties. Cochran argued this would release males for combat duty. Although the plan received some attention, there were no immediate plans for the program.

Determined to help the war effort, Cochran got permission from Army Air Force's Gen. Henry "Hap" Arnold to ferry a bomber from the United States to England. However, she had to agree to a military pilot performing takeoffs and landings, because military pilots resented a female civilian flying a bomber.

While in England, Cochran met British pilot Pauline Gower, who headed the British Women's Air Transport Auxiliary. Gower asked Cochran to recruit American women pilots for British ferrying duties. Cochran took the challenge and, by 1942, had 24 women flying ferry missions in support of the Allied effort.



Frances Green, Ann Waldner and Pat Bowser learn to use the top-secret Norden bombsite, equipment in the B-17s they were flying at Lockborne Army Air Base, Columbus, Ohio.

Buckeye Guard

Meanwhile, the similar U.S. program Cochran had suggested in the late 1930s kicked off in 1942. Just months after the Japanese bombed Pearl Harbor, Hawaii, pilot Nancy Harkness Love organized the Women's Auxiliary Ferrying Squadron.

Cochran returned from Europe that autumn. She felt betrayed that the American military leadership would start a program without her and lobbied the military leadership into giving her a high-ranking squadron position.

She received control of all pilot training, while Love had control of ferrying missions. Eventually, the two groups merged into the WASPs—Women's Airforce Service Pilots, with Cochran becoming director of women pilots.

She continued to fly after the war, holding all

women's aviation records for straightaways and closed-course flight except one. With the help of Chuck Yeager—the first man to break the sound barrier—Cochran became the first woman to break it in 1953. Eleven years later she flew twice the speed of sound.

Cochran also continued her business success. She served as a board chairman of Jacqueline Cochran, Inc.—a cosmetics firm.

Yet despite her accomplishments, Cadogan wrote Cochran was not popular among her contemporaries. Although heading many women's aviation groups, Cochran regarded prestigious female flying events as second best and preferred to compete against men. She'd appear at women's functions only as an advisor or benefactor.

She was also critical of the women in the Air Force corps during the 1950s. She failed to endorse women pilots vying for the Mercury astronaut training program. Because of this, Cochran found herself alienated from her peers—a resentment that lasted to her death in 1980.

Still, Cochran's devotion to aviation helped pave the way for women who fly today's helicopters, fighters and space shuttles. Her speed records, broken long ago, remain as a part of women's aviation history.

Cochran wasn't content with being the best female pilot; it was her belief she could be the best pilot. Although described by Cadogan as an "outrageous individualist," Cochran cared for her work and her country—something she proved in her 40-year aviation career. ■

## Former 'WASP' relives flying days at 112th Medical Brigade workshop

Story and photo by Staff Sgt. Diane Farrow  
HQ STARC (-Det. 1-5)

When headlines read "First women train as military pilots" in the mid-70s, a group of middle-aged women were quite upset. And with good reason.

For during World War II, more than 1,000 women flew all 77 types of aircraft in the U.S. arsenal under the Women Airforce Service Pilot (WASP) program.

One of the former pilots, Mrs. Nadine Nagle, was the guest speaker at the 112th Medical Brigade's "Ninth Annual Ohio Army National Guard Healthcare Workshop" held in Columbus March 25-26, 1995. Nagle was invited to the workshop to help honor "Women in the Military"—the theme for this year's conference.

The Dayton native reminisced about the patriotism that was riding high in America during "the war to end all wars." Beginning in the fall of 1942, the WASP program attracted about 25,000 women from all walks of life.

"There were a few mothers and one nurse; there was a stripper and a Black Jack dealer from Las Vegas; and there was even an heiress to a shoe factory," Nagle recalled. "She came down with a trunkload full of clothes, two dogs and a maid." That recruit soon found out her companions couldn't stay and that all her belongings had to fit in one trunk under her cot.

"She didn't stay too long," Nagle laughed.

Out of the 25,000 applicants, only 1,830 women passed the regulations to enroll in the program and, after seven months of training, 1,074 of them graduated.

Nagle recanted many stories of her flying days for the audience of military health care professionals. She spun tales of women anxious to tow targets for gunnery practice, pilots transporting personnel or equipment from base to base and others flying needed aircraft from



Nadine Nagle

one location to another.

One story about a pilot named Teresa James seemed to define the role of the WASP during WWII.

Stationed in Wilmington, Del., James was given a mission to fly a P-47 to Evansville, Ind. When she landed, she was told there was another P-47 that needed to get to California. After delivering that aircraft, the operations officer there asked her if she ever flew a P-51. When she said "no," he told her to read the tech manual so that she could fly a needed aircraft to Florida the next day.

Though it took her a week to get through Texas because of thunder storms, she arrived at her destination only to find another mission waiting.

This time, the operations officer had an AT-6 that needed to get to Oklahoma right away. Once she got to Oklahoma, she was greeted with, "There's a P-47 that has to go to Grand Rapids, Mich." When James reached Michigan, she was given orders to fly a P-39 back to Wilmington. "What was supposed to be a half-day trip turned into a four-week, seven-airplane, 11,000-mile journey," Nagle said.

"All our assignments were determined by the need at the time," she explained.

When the program ended on Dec. 20, 1944, the WASPs went home unsung heroes.

"We all had the feeling we accomplished something great," Nagle said. "We were so happy to have done something for our country, and yet we wondered if what we did would affect the future of women in aviation."

As it turns out, they did just that; for in the 1970s, when women were being considered for piloting military aircraft, all the WASP records were unsealed and studied. And, after a Congressional hearing, it was decided that, yes, the WASPs really did do what was necessary to be military pilots.

As a result, the WASPs received their well-deserved military recognition—including veterans' status and discharge papers—in 1977, 33 years after the program ended. ■

**AUTHOR'S NOTE:** For anyone interested in learning more about the WASP program, check your local library for the book "Those Wonderful Women in Their Flying Machines" by Sally Van W. Keil.



# Guard helps in greening the Buckeye state

Army Arsenal Plant tank training area to control erosion and to provide dust and sound barriers. Sgt. 1st Class William Horne, First Battalion 107th Armor, Stow, coordinated the tree planting with the help of David Kidd, TreeSource state volunteer coordinator. TreeSource personnel delivered the seedlings to the site and provided dibbles for planting. "David Kidd was very beneficial to the project and did a great job," said Horne. "His phone calls, support and on-site advice and the quality of the trees were outstanding."

Battalion members and families and members of the Civil Air Patrol spent a long 10-hour day planting the 15,000 seedlings. The battalion NCO mess fund donated food for a cookout for those who helped.

The Army Guard's recycling program provided the money to buy from the Ohio Division of Forestry the 3,000 seedlings planted at other facilities. Those participating were Camp Perry Training Site; 512th Engineer Battalion, Cincinnati;

200th Red Horse Squadron, Camp Perry; 178th Fighter Group, Springfield; Headquarters Company, 1st Battalion 148th Infantry, Findlay; 385th Medical Company, Tiffin; Army Aviation Support Facility #1, North Canton; 73d Troop Command, Rickenbacker; Company B 237th Forward Support Battalion, Youngstown; Company C 216th Engineer Battalion, Felicity; 220th Engineering Installation Squadron, Zanesville; and the Environmental Office, Beightler Armory.

Kidd recruited two units to help other organizations plant seedlings in parks. Members of Company A 612th Engineer Battalion planted 1,500 of 4,500 seedlings at Lake Loramie State Park.

Thirty members of Headquarters Company 112th Transportation Battalion, Middletown, planted 2,000 of the 20,000 seedlings provided to the Cincinnati Park District by the National Tree Trust. They planted the trees April 1 in several city parks near Xavier University. ■

Story by Candace J. Kline  
Environmental Branch  
Facilities Management Office

To celebrate the 25th anniversary of Earth Day, units of the Ohio National Guard planted approximately 18,000 seedlings at Guard facilities throughout Ohio. Other units helped plant trees at local parks.

The TreeSource program, which is coordinated by the Ohio Department of Natural Resources to increase tree planting in Ohio, provided approximately 15,000 seedlings free of charge. They were planted at the Ravenna

## GUARDing the Environment

### Aviation unit receives environmental award

Story by Candace J. Kline  
Environmental Branch,  
Facilities Management Office

Second Battalion 137th Aviation was selected as winner of the Keep Ohio Beautiful - Government Award in the Division of Recycling & Litter Prevention's 1994 TakePride, Ohio! Award Program. They were honored April 7, 1995 at an awards luncheon in Columbus.

Take Pride, Ohio! awards are presented to government agencies, civic groups, local communities, corporations and individuals in three categories. Keep Ohio Beautiful awards recognize litter prevention and beautification efforts. They also acknowledge outstanding public education and awareness efforts that emphasize the importance of litter prevention and beautification. The other two categories are the Recycle, Ohio! award and the Pride in Public Housing award.

The helicopter unit, based at Rickenbacker, concentrated on land and water in its efforts to

help beautify Ohio. They adopted a two-mile stretch of the Scioto River south of I-270 in 1993 as part of the Ohio Division of Watercraft's Adopt-A-Waterway Program. They later adopted another two miles, and are now responsible for the cleanup of four miles of the river twice each year.

When they started the cleanup, the unit removed 78 tires from a one-mile stretch. For heavy items such as a safe and an abandoned vehicle, unit members used a six-wheel drive wrecker truck with a winch and boom.

In addition to their adopted waterway, the Second Battalion has volunteered their maintenance abilities and equipment for help with the cleanup of litter in city parks. They were asked to recover an abandoned car from a pond in Big Walnut Park. On March 5, 1994 they removed three rusted cars from the area. An estimated 10 tons of debris was removed from the park that day.

Second Battalion 137th Aviation has truly shown the Ohio Army National

Guard's pride in community and sense of environmental stewardship. ■



CPT John Harris (center) and SFC Claude Rinehart (right), 2-137th Avn., receive the Keep Ohio Beautiful Government Award from Donald C. Anderson, Director, Ohio Department of Natural Resources.

courtesy photo

## DRUG DEMAND REDUCTION UPDATE

### Red Ribbon Kickoff '95

With the success of past Red Ribbon celebrations, the 1995 campaign is well on its way to topping them all.

The Red Ribbon celebration is part of the Ohio National Guard's Drug Demand Reduction Program which, along with Ohio Parents for Drug Free Youth, focuses on providing drug free messages to the citizens of Ohio.

This year's celebration will kickoff on Oct. 23 and will continue throughout the week. Celebration activities will be held on the statehouse lawn with representatives from each of Ohio's 88 counties participating in the various events. President Clinton has been named honorary chairman of the National Red Ribbon celebration, along with state honorary chairs, Governor George V. Voinovich and Maj. Gen. Richard C. Alexander, the adjutant general of Ohio.

Other honorary chairpersons will include Luceille Fleming of the Ohio Department of Alcohol and Drug Addiction Services, Superintendent Ted Sanders of the Ohio Department of Education and two-time Heisman Trophy winner Archie Griffin.

The event will kickoff a week-long celebration and another year of drug free messages and awareness for all Ohioans. As always, the Ohio National Guard wants to take the lead, so show your support by becoming a partner for a drug free Ohio and remember, "Life...Be A Part of It, Drug Free."

### National Guard honors Ohio volunteers

In the wake of rampant drug use throughout the country, thousands of Americans have decided to fight back and reclaim our communities and our children. One such group of citizens doing so is Ohio Parents for Drug Free Youth. This organization's tireless efforts of spreading drug free messages has had a tremendous effect on Ohio communities. The Ohio National Guard honored those efforts at a luncheon held in Columbus on April 18.

Volunteers from Ohio Parents were awarded the Ohio Commendation Medal for their efforts in raising the awareness in the community concerning drug use in the state of Ohio. Honored were Holly Hough, Hope Taft, Sue Barkley, Patricia Harmon, Sharon Maxwell, Hazel Williams, Henry Jones and Peggy Delcher. The award represents the ef-



Photo by SSgt. Dwight D. Damschroder, 200th RED HORSE C.E.S.

ABOVE: Junior and senior high school students from the Ottawa county school district pose for a photo during recent "S.E.E.S" (Students Empowering and Educating Students) Day activities, hosted by the 200th RED HORSE C.E.S. at Camp Perry.

forts by all organizations and citizens who continue to spread the drug free message throughout their communities.

The Drug Enforcement Agency also recognized Ohio citizens for their efforts in promoting a drug free Ohio. Special agent Mike Mogavero presented the Enrique Camarena Award to Joseph Paris for volunteering his time in prevention activities and exemplifying the concept that, "One person can make a difference."

Also receiving the award was Richelle Alexander, a high school student who came up with the idea of wrapping a giant red ribbon with signatures from students and faculty around her school.

Enrique Camarena was a D.E.A. agent killed in the line of duty.

### Project TEAM scheduled for August

Project TEAM (Teen Education And Motivation) is scheduled for August in Coshocton, Ohio. The program will be headed by the Coshocton County Drug and Alcohol Council and organizational support, along with cadre, will be provided by the Combined Support Maintenance Shop out of Newark Ohio, headed by Lt. Col. George Kinney, commander of the 737th Maintenance Battalion.

Master Sgt. Nick Davis, also of the 737th, will be the NCOIC of the program that will focus on educating juvenile offenders from the Coshocton community on the hazards of drug use and unsafe behavior. Teens will be given basic military instruction and go through a confidence course. Both boys and girls will be participating in this year's program at different times, and five graduates

from previous groups will be returning this year to provide support for new teens going through the program. The 121st ARW will host two iterations (one for males and one for females) at Rickenbacker Airport in August.

### 200th CES helps youth 'S.E.E.S the Day'

On May 5, Junior High youth from all Ottawa county public schools were invited by Camp Perry's 200th RED HORSE Squadron to "S.E.E.S. the Day" (Students Empowering and Educating Students). The event was sponsored by Port Clinton PRIDE, Citizen's Awareness of Substance Abuse, Teen Institute, Bayshore Counseling Services and the 200th Civil Engineering Squadron. The instructors in each of the youth sessions were senior high students from Port Clinton High School. Among the topics for the day were *Trends in Advertising*, *Taking Care of Yourself* and *Making Tough Decisions*. All the classes dealt with decision-making processes that help youth maintain drug free and healthy lifestyles, as well as how to make the transition from junior to senior high school and how to avoid negative peer pressure.

Mike Kearney of Bayshore Counseling Services, who coordinated the activity, said that without the committed leadership in the schools and community along with the support of the Air National Guard, and especially the committed youth, positive events like this could not happen. Submitted by SSgt. Dwight D. Damschroder, 200th RED HORSE C.E.S.

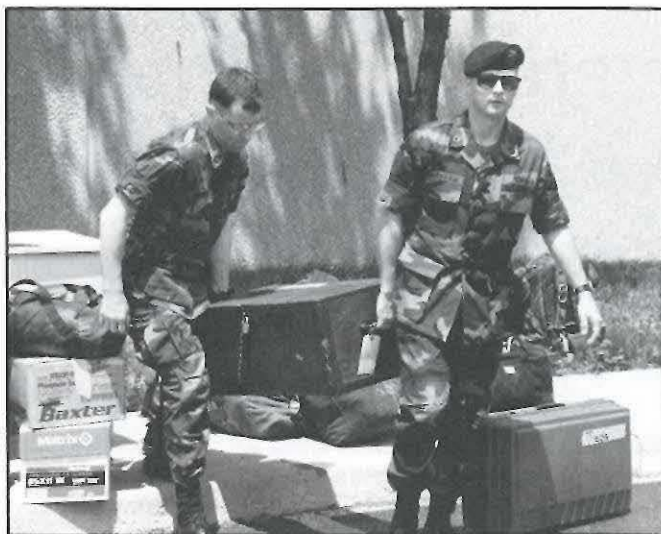


Photo by SFC Bob Mullins, HQ STARC (-Det. 1-5).

SSG Donall E. Kenny (left) and SFC David A. Farnham load equipment for their deployment to Haiti.

## ONG Special Forces deploy to Haiti

On May 15, an 11-man team from the Ohio National Guard Special Forces unit began their journey to Haiti. Called up by the president in support of Operation MAINTAIN DEMOCRACY, the A-Team replaced a unit already in country. The mission is in keeping with the active Army's commitment to using National Guard troops as part of the total force.

The A-Team met up with other National Guard detachments from Rhode Island and West Virginia to form a company. After departure from Rickenbacker Airport in Columbus, the soldiers headed to Fort Bragg, N.C. for an eight-day Haiti Operation Training program. Their tour of duty will last approximately six months.

"I think this is an excellent opportunity to carry out a good mission," said Capt. Andrew Richardson, team commander. "These are a great bunch of guys and a good team. We've been together for a long time and this is a good exercise to test our skills." Prior to transitioning to the Guard, the unit also supported Operation DESERT STORM as members of the Army Reserve. *Submitted by SFC Bob Mullins, HQ STARC (-Det. 1-5).*

## 112th conducts mine sweep training

Last May, Guard engineers from Company C, 112th Engineer Battalion used their mine sweeping skills to educate a specialized

"STAR Team" from the Department of Rehabilitation and Corrections. The Special Tactics And Response (STAR) Team is designed to respond to prison insurrections or any determined threat to prison security.

"The purpose of the training was to show STAR Team members how to use the AN/PSS-11 mine detector to scan for metal objects in the ground," said 1st Lt. Edward Carl, training coordinator for the exercise.

"Our classes concentrated on parts identification, maintenance, operation and safety of

the equipment," explained Senior Instructor 1st Sgt. Larry Farmer. "This was followed by a written test to ensure understanding of the mechanics and limitations of the mine detector."

After the written test, a field exercise was set up to simulate a prison scenario. Trainers positioned metal objects in the ground, as prisoners would knives, shanks, etc., and tasked STAR Team members to locate them using the mine detectors.

Being the first time they received this type of training, the STAR Team said that the guardmembers made the experience both fun and educational. *Submitted by Capt. Alphonso L. Sanders, Co. C, 112th Eng. Bn.*

## Air Guard crew still supporting Operation UPHOLD DEMOCRACY

In keeping with its ongoing mission in Haiti, the 251st Combat Communications Group, Springfield, Ohio, continues to manage personnel and communications equipment there in coordination with the Third Combat Communications Group. Since Sept. 22, 1994, the Group has deployed about 60 personnel on a rotational basis to maintain and operate ground satellite terminals in support of Operation UPHOLD DEMOCRACY.

Working with personnel from approximately 20 different combat communications units from across the country (as well as five

of its own units), the Group provides secure voice and data transmissions for the multi-service task force in the region. Comprised of primarily satellite communications/wide-band technicians and power production technicians, these individuals generally serve a 30-day tour in the region. Other units include members of air traffic control flights, air control squadrons, air support operations centers and civil engineering squadrons.

Returning troops have described the region as very austere, with unbearable heat and humidity—which make working and even sleeping extremely difficult. Yet, they were still able to get the systems up and running smoothly, providing round-the-clock coverage of the terminals.

The satellite systems continue to support the day-to-day communications requirements of the Joint Task Force 190 commander for Operation UPHOLD DEMOCRACY.

## Service Battery aids humanitarian efforts at home, abroad

Recently, soldiers of Service Battery, 1st Battalion, 134th Field Artillery in Medina, volunteered in several capacities to aid humanitarian efforts at home and abroad.

Tasked by the Department of Defense, the Medina soldiers have been inspecting privately donated relief supplies destined for the Newly Independent States (formerly the Soviet Union).

"The overall purpose of such inspections is to verify the approximate weight, the number of pieces and acceptability of cargo for shipment," said Staff Sgt. Theodore Oldham, training NCO for the battery. He recently cleared over 200 pieces of cargo for shipment, which primarily consisted of food and non-pharmaceutical medical supplies.

At home, in cooperation with the Medina County Hunger Task Force, the Service Battery participated in the "Harvest for Hunger" campaign for a second consecutive year. The food drive netted 36,900 pounds of food for the food bank, nearly 10,000 pounds more than was collected last year.

With the Medina Armory serving as the collection point, soldiers sorted and packed the donated food under the direction of Rev. Mel Menkar, president of the Medina County Hunger Task Force.

"The drive is a monumental task that takes time, energy and a location large enough to

accommodate this work," said Menkar. "Your facility was indeed a blessing, and we are so thankful to everyone in the unit for their assistance." *Submitted by Spc. Marley Starkey, Service Battery, 1-134 Field Artillery.*

## 251st CCG, 269th CCS win prestigious award

The 251st Combat Communications Group and the 269th Combat Communications Squadron won the Col. Pasquale A. Gicale Trophy for 1994. The units accepted the honor during the Ohio Air National Guard Awards Banquet held last April in Mansfield.

The 251st and 269th were chosen from among the seven non-flying Air Guard units in the Buckeye state. Units were evaluated on authorized versus actual personnel strength; retention; minority participation; fitness testing; unit on-the-job training effectiveness; and professional military education.

The Springfield units' top three mission accomplishments included receiving a superior rating on an Operation Readiness Inspection from the Air Combat Command; support of Operation UPHOLD/MAINTAIN DEMOCRACY; and deployments to France (Operation DENY FLIGHT), Morocco (Exercise African Eagle), Korea (real world contingency) and McConnellsville, Ohio (Operation ROVING SANDS).

The Col. Gicale Trophy was created in honor of Col. Pasquale A. Gicale, an avid supporter of the Air National Guard. Gicale commanded the 251st Combat Communications Group from 1968 until 1982.

## 179th Airlift Group—an 'excellent' unit

The 179th Airlift Group, Mansfield, Ohio, received two "excellent" ratings from the 9th Air Force within a four-month time span.

Last October, the 179th received its first Standardization and Evaluation (Stan/Eval) Formal Visit since moving from the Air Mobility Command to the Air Combat Command in October of 1993. This visit, which resulted in an "excellent" rating, was conducted by 9th Air Force Stan/Eval, based at Shaw Air Force Base, S.C.

"The 179th Airlift Group was well-trained and prepared to perform its wartime mission," said the final report. "The group

commander, operations group commander and squadron supervision at all levels supported a combat-oriented attitude.

"Close coordination and involvement between Intelligence and Tactics was integrated into the Stan/Eval Program, enhancing training effectiveness," the report continued. "Realistic

training scenarios that challenge aircrew members have been implemented and focus on potential real world tasking. Pride in the unit, spirited morale and a 'can-do' attitude were evident throughout the group."

Just four months later, during an Air Combat Command Operational Readiness Inspection, the Mansfield unit realized another "excellent" rating, this time from the 9th Air Force Inspector General. During the same inspection, the Operations section received an "outstanding" rating.

Notably, during the same time table, the unit was heavily involved in Operation PROVIDE PROMISE, which supports humanitarian aid efforts in Bosnia. *Submitted by Maj. Mark Stephens, 179th Airlift Group.*

## Governor Voinovich, first lady promote program to reduce infant deaths

Governor George V. Voinovich's "Ohio Family and Children First Initiative" (OFCFI), in consultation with the state's medical, non-profit and business communities has developed "Help Me Grow," a state-wide health promotion and outreach program to encourage prenatal and well-baby health care.

The program, launched last February, is



Courtesy photo.

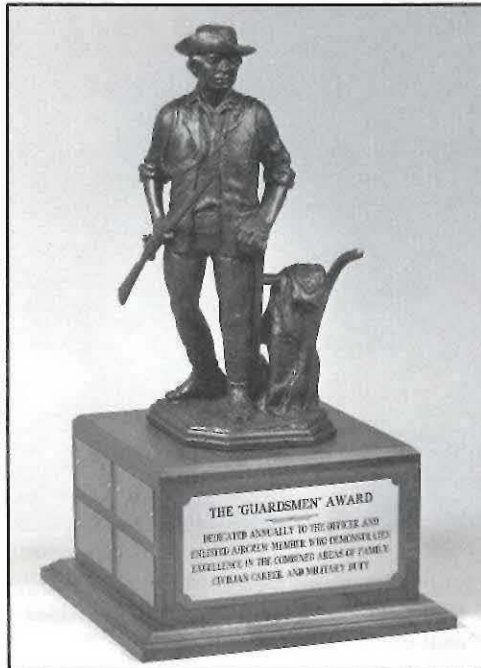
First Lady Janet Voinovich holds Graham Moss, 10 months old, at the February kickoff of the "Help Me Grow" program, which encourages prenatal and well-baby care.

designed to educate and encourage women to get regular preventive health care and proper nutrition during pregnancy, and to get parents to obtain preventative health care, including nutrition and immunizations, for their children up to age 2. It also works to link low-income women, infants and toddlers to low-cost preventative care.

"Too many babies in Ohio start life with odds stacked against them," said First Lady Janet Voinovich, the program's spokesperson. "Doing all we can to encourage preventative care during pregnancy and very early childhood is the right thing to do for the child, the parents and the health care system."

Medical studies have shown early and continuous prenatal care and well-baby health care can significantly reduce the incidence of infant deaths, low birth weight and vaccine-preventable diseases.

The program incorporates referrals to services provided by the state's health and human services agencies; a free wellness guide with information about pregnancy and well-baby health care; coupons for discounted goods and services to reward pregnant women and families with children under age 2 who seek preventative health care; and a toll-free consumer helpline, 1-800-755-GROW.



Courtesy photo.

The "Guardsmen" trophy, conceived and sponsored by retired Lt. Col. Larry Strimple, is a new award created for members of the 179th Airlift Group.

## Crites, Creek first recipients of 179th Guardsman Award

Last April, the 179th Airlift Group made its first presentation of the newly created "Guardsmen Award" to Maj. Joe Crites and Tech. Sgt. Kevin Creek.

The award was conceived and is sponsored by Lt. Col. Larry Strimple, the recently retired chief pilot of the 164th Airlift Squadron. Understanding the pressures and difficulties guardsmen endure, Strimple wanted to annually recognize the officer and enlisted aircrew member who demonstrated excellence in the combined areas of family, civilian career and military duty. This year's winners did just that.

Crites is an aircraft commander and airline pilot with American Airlines. He resides with his family in Columbus, Ohio. Creek manages a flight instruction operation for Bowling Green State University and resides with his family in Mt. Pelter, Ohio.

All aircrew members in the Mansfield unit are eligible, and selections are made by squadron leaders based on input by each crew position section chief. The winners receive a watch engraved with their accomplishment and have their name engraved on the permanent trophy which is maintained by the squadron.

## Titus named 1994 ANG Outstanding Judge Advocate

Lt. Col. Frank A. Titus, Headquarters, Ohio Air National Guard, was recently selected as the ANG recipient/Air Force nominee of the 1994 Outstanding Reserve Judge Advocate of the Year (Reginald C. Harmon) Award.

This award is presented annually, based on demonstrated initiative, technical skill, participation, contribution to mission support, enrollment in off-duty education or programs of professional self improvement and exhibition of leadership qualities in contributing to social, cultural, civil or professional activities in the civilian or military community.

Titus will compete with his Air Force Reserve counterparts for the 1994 Air Force level award.

## Marion Armory honors SFC Paul C. Doersam

In March, the armory located at 2561 Harding Highway East in Marion was dedicated and named after the deceased Sgt. 1st Class Paul C. Doersam.

Sgt. 1st Class Doersam exemplified the Creed of the NCO and influenced everyone—soldier, sergeant and officer—to follow his example of professionalism, dedication, selflessness and caring for his work, his family and his comrades in arms. He was serving as gunnery sergeant/readiness NCO for Alpha Battery, 1-134th Field Artillery when he died of a massive heart attack on Sept. 27, 1993.

Born in Columbus on Sept. 2, 1961, Doersam was a 1979 graduate of Walnut Ridge High School, where he was captain of the football team.

He enlisted in the Ohio Army National Guard on July 23, 1982, joining the 1-136 Field Artillery Battalion. After entering the Active Guard/Reserve program in 1984, he earned the title "Distinguished Graduate" at his unit supply specialist school. This training enabled him to become the unit armorer and later Headquarters and Headquarter Squadron's (HHS) supply sergeant.

In September 1990, he became HHS's training NCO and platoon sergeant for the target acquisition platoon, and eventually readi-

ness NCO. In February 1991, he transferred to Alpha Battery in Marion, where he served as gunnery sergeant/readiness NCO.

During his tenure at Marion, he was principally responsible for the company-level unit becoming one of the best military organizations in Ohio. In 1993, Alpha Battery was named "Best Battery" by battalion headquarters and won the "Best Maintenance" award in the 73rd Infantry Brigade. These awards are attributed to Doersam's high standards and his ability to inspire those around him to do likewise.

Doersam is survived by his wife, Michele, and their three children, Katie, Corey and Hunter.

## Guardsman instrumental in saving life in dorm fire

Billy Holloway, a private first class with HHB, 2/174 (-Det) ADA HAWK in McConnellsville, had a hand in saving a fellow student's life during a dormitory fire and explosion at Mount Vernon Nazarene College last November.

Both Holloway and fellow student Stephen Ball, who was injured, are residents in Oakwood Hall, a freshman dorm for 150 men at the central Ohio college.

Columbia Gas personnel were in the area investigating a possible gas leak from an underground pipe near the building. Though gas service had been shut off as the work crews traced the problem, a gas pocket ignited when Ball struck a match prior to evacuating the building.

"Ball was lying on the floor in the doorway to his dorm room," said the signal support systems specialist. "He was visibly burned. 'He kept saying 'Oh my God. Oh my God,' but I assured him that he did nothing wrong and that he would be all right," Holloway continued.

Emergency personnel were summoned and arrived within 10 minutes of the explosion. By that time, Ball had been moved from the building for fear of additional explosions.

"Billy Holloway comforted the injured student and remained with him until the paramedics arrived," said Doris Webb, public relations director for the college. Ball suffered burns over 40 percent of his body.

Holloway is a freshman at the school. He plans to major in elementary education with a specialty in disabilities and minor in Christian education. He has been in the Ohio Army National Guard since April 1, 1993.

Buckeye Guard

## Cleveland businessman appointed civilian aide to Army Secretary

William H. Willoughby Jr., president of Cleveland Track Material, Inc., has been appointed by the U.S. Army Secretary Togo West as a civilian aide for Northern Ohio. Willoughby accepted his appointment from Maj. Gen. Richard C. Alexander, Ohio Adjutant General, in a ceremony held recently in Columbus.

Civilian aides interpret the Army's missions and objectives to the civilian community and provide feedback to the Secretary of the Army on the public's perception of the Army. Representing the Secretary of the Army at military and public events, the civilian aide promotes the Army by his presence and is a key figure in obtaining maximum understanding and cooperation between the civilian community and the U.S. Army.

Willoughby is a 1960 graduate of the United States Military Academy at West Point and served two tours of duty in Vietnam. His awards and decorations include the Silver Star, Soldiers Medal, Bronze Star, Purple Heart, Air Medal, Combat Infantryman's Badge, Senior Parachutist Badge and the Ranger Tab.

Willoughby was named the 1990 Entrepreneur of the Year for Northeast Ohio and was awarded the Blue Chip Enterprise Award for Northeast Ohio in 1993. He is a member of the Steel Valley Council, the Boy Scouts of America and serves on numerous boards and associations in the greater Cleveland area.

## ONG team competes at Lincoln Marathon

Ominous rain clouds and cool temperatures failed to dampen the spirit or stamina of Air and Army National Guard members who showed up to run in the 18th Annual Lincoln Marathon held on May 7.

Capt. Mark A. Pierson, an OCS Instructor at the Ohio Military Academy, placed in the top 10 Guard finishers in his category—men under 40—with a time of 2:45:36, finishing the marathon eight minutes faster than he did last year. He credits his impressive ranking to plenty of preparation.

"I try to keep in shape all year, but when I'm 10-12 weeks out from a marathon, I'll run 60 to 80 miles a week. The key is getting your body used to running long miles. Right before

Summer 1995

the trip to Lincoln, I ran 21 and 22 mile stretches within five days."

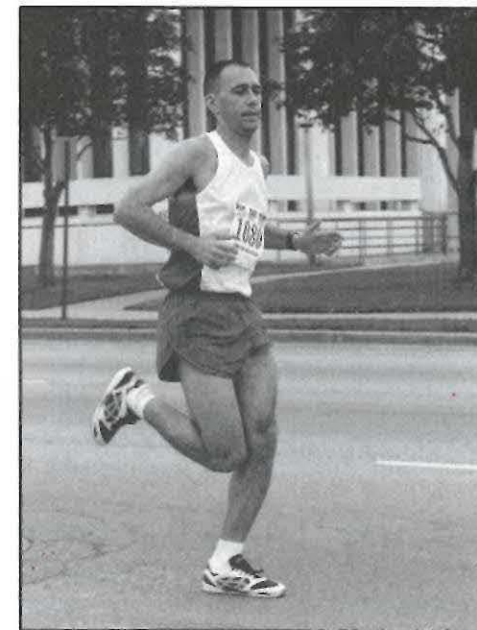
With this success, Pierson earned a slot on the "All-Guard Marathon Team," which allows him to compete in the Blue Angels Marathon in Pensacola, Fla.

Three other guardmembers that made up the Ohio Marathon Team included Maj. J.R. Nolen Jr., HQ STARC; Master Sgt. Lonnie V. McLaughlin, 121st Air Refueling Wing; and Capt. Beth S. Burns, 145th MASH.

## Drouhard named commander of 179th

Brig. Gen. Gordon M. Campbell, assistant adjutant general for Air, recently announced the appointment of Col. Warren J. Drouhard as commander of the 179th Airlift Group. Drouhard succeeds Col. Fred R. Larson, commander since 1986, who has been reassigned to the headquarters staff, Ohio Air National Guard.

In his 29 years with the Mansfield unit, Drouhard has served in a variety of positions, including 164th Airlift Squadron commander. He was appointed deputy commander for Operations in 1986 and was promoted to vice commander in January 1993. The colonel is a command pilot with over 5,000 hours flying time in various fighter, trainer and transport aircraft.



Courtesy photo.

CPT Mark A. Pierson runs in the Lincoln Marathon, earning his slot on the "All-Guard Marathon Team."



Courtesy photo.

Col. Warren J. Drouhard

A graduate of Loudonville High School, Drouhard has a bachelor of science degree in business administration from John Carroll University and a masters in business administration from the University of Dayton. His military education includes USAF Squadron Officer's School, USAF Air Command and Staff College and National Security Management Course. He attended the Air National Guard Advance Safety Management Course, the ANG Aircraft Mishap Investigation Course and the Air Mobility Command High Flight Program.

His military awards include the Air Force Commendation Medal with one oak leaf cluster, the Air Force Outstanding Unit Award, the Combat Readiness Medal with four oak leaf clusters, the National Defense Service Medal, the Armed Forces Expeditionary Medal and the Armed Forces Reserve Medal with one device.

Active in his community, Drouhard is former member of the Kiwanis Club, executive board member of the Johnny Appleseed Council of the Boy Scouts of America and is presently a member of the advisory board of the Heart of Ohio Council, BSA. He is a life member of the National Guard Association of the United States and is a past president of the Air National Guard's Deputy Commander for Operations Council.

The colonel is married to Elin Linne of Mansfield. They are the parents of two children, Matthew and Amanda. The Drouhards live in Lexington, Ohio.



### Tuition Grant now open to part-time students

Last June, Ohio Legislators approved changes in the Ohio National Guard Tuition Grant Program for fiscal years 1996-1997. Beginning the Winter 96 term, the Tuition Grant Program (TGP) will be available for individuals who desire to attend school on a part-time basis. The applicant must apply for six credit hours or more.

Guardmembers who are out-of-state residents also may use the program. However, they will only be eligible for 60 percent of in-state fees. Applicants are able to use the ONG TGP anytime during their six-year enlistment, reenlistment or extension. In-service recruits and interstate transfers must extend to equal a six-year enlistment with the ONG to be eligible.

For administrative purposes, all tuition grant terms used will be converted into "eligibility units." Guardmembers are eligible for up to 96 units to equal 12 full-time quarters, or eight full-time semesters, or an equivalent combination for undergraduate studies at an approved Ohio degree-granting institution of higher education. The table of conversions for full-time status are as follows:

Semesters = Units		Quarters = Units	
1=12		1=8	9=12
2=24		2=16	10=80
3=36		3=24	11=88
4=48		4=32	12=96
5=60		5=40	
6=72		6=48	
7=84		7=56	
8=96		8=64	

For example: John Smith has received tuition for five full-time semesters at the University of Akron. Those five terms would be converted into 60 units. John Smith would then have 36 units remaining.

The eligibility units table for part-time and full-time accumulation is:

Credit Hours Attended	Eligibility Units (Semester)	Eligibility Units (Quarter)
12 or more	12 units	8 units
9 or less than 12	9 units	6 units
6 or less than 9	6 units	4 units

Currently, there are approximately 1,900 participants approved for the Fall 95 term. All questions should be directed to the ONG TGP at (614) 889-7032 or 7047. Office hours are 7:30 a.m. to 4:30 p.m., Monday through Friday.

### Free catalog offered

The Army and Air Force Exchange Service will mail free sales flyers to National Guardmembers and retirees living in the U.S. at their request. The flyers announce major exchange sales events. Guard customers who would like to be on the mailing list should call Rhonda Osborne at DSN 967-2960 or (214) 312-2960 or FAX (214) 312-3919, or write AAFES, Attn: MK-V/S (Rhonda Osborne), P.O. Box 660202, Dallas, TX 75266-0202. (On Guard)

### Re-employment rights strengthened

Members of the National Guard and Reserves gained stronger re-employment rights when President Clinton recently signed a new law.

Most provisions of the Uniformed Services Employment and Reemployment Rights Act of 1994 are now in effect. The act will:

- \* Expand anti-discrimination protection of Reservists in hiring, retention and advancement based on their military obligation.

- \* Require that employers make reasonable efforts to retrain or upgrade skills to qualify workers for re-employment.

- \* Expand health care and employee benefit pension plan coverage.

- \* Extend from four to five the number of years an individual may be absent for duty. (On Guard)

### Dental plan prices drop

Prices will be lower starting Aug. 1 for service members enrolling families in the Active Duty Family Members Dental Plan.

A new provider, United Concordia Companies, Inc., of Camp Hill, Pa., will take over the \$1.7 billion contract from the current contractor,

Delta Dental.

Beginning in August, monthly premiums will be \$6.77 for one enrolled family member and \$16.92 for two or more. Rates are currently \$10 and \$20, respectively.

Dental services under the plan are offered in the United States, Puerto Rico, Guam and the U.S. Virgin Islands.

Under the voluntary plan, sponsors of enrolled families pay monthly premiums by pay-roll deduction.

The plan covers the full cost of basic preventive and diagnostic services (exams, cleaning and X-rays) and 80 percent of more complex services such as root canals, gum surgery, extractions, etc.

The plan covers half the cost of crowns, dentures, bridges, as well as half the cost of braces for children under 19, subject to limitations.

Active duty members of the uniformed services may enroll their families in the plan at their local personnel offices. Once enrolled, family members stay in the program for at least two years, unless the family moves to a base where the local military treatment facility offers dental care to dependents, or unless the enrolled family members are entitled to other dental coverage.

Local health benefits advisors have more information. (AFIS)

NOTE: Prices effective but provider on hold.

### Free benefit book offered to federal employees

Federal employees can get a free guide, *The 'Ins' and 'Outs' of Your Federal Benefits*. The 40-page booklet includes chapters on salaries, leave benefits, health and life insurance programs, labor-management relations, retirement, buyouts, reductions in force, resumes and relocation benefits.

The book, courtesy of Public Employees Roundtable and its corporate forum, also has a chart to help federal employees determine their retirement income requirements.

For a copy, limited to one per caller, dial toll-free 1-800-442-6654. (AFIS)



# Volk Field deployment prepares 121st for world-wide missions

Story by Tech. Sgt. Nancy J. Butcher  
Photos by Staff Sgt. Douglas E. Nicodemus  
121st Air Refueling Wing

Under the watchful eye of a cadre of safety observers and coaches—"the folks in the white hats"—the war raged from 7 a.m. till just before midnight. Although this was the first time many had trained together in an exercise of this magnitude, everyone got the chance to participate.

This was the setting when the 121st Air Refueling Wing deployed over 700 people and 10 KC-135R's for five days of realistic training at Volk Field Combat Readiness Training Center, Wis., May 21-25. The unit was joined by Lt. Col. Mike Musick, commander of the 155th Air Refueling Group and 40 members of his unit from Lincoln, Neb.

The Wing, stationed at Rickenbacker Airport in Columbus, is a result of the consolidation of two very different units, the 121st Fighter Wing and the 160th Air Refueling Group. This meant a conversion in aircraft as well—from a one seater A-7D Corsair II fighter aircraft to the current KC-135R refueler aircraft. The unit also escaped a possible base closure and a proposed relocation.

"The deployment was very healthy for our unit after all the turmoil and changes we've experienced over the past couple of years," said deployed Commander Col. Charles H. Vaughn. "It forced us to work together and depend on each other," Vaughn added.

The unit began deployment with a mass processing line on Saturday, May 20, followed by departures all day Sunday. Upon arrival at Volk, briefings awaited all who disembarked. Refresher training,



ABOVE: All duties were performed under chemical warfare conditions, including security of the aircraft. BELOW: Staff Sgt. Ronald (Lee) Ester aggressively prepares a security perimeter around the operations area.

which included: self-aid/buddy care, unexploded ordnance identification, safety awareness, facility manager responsibilities and many other classes, was made available for interested guardmembers.

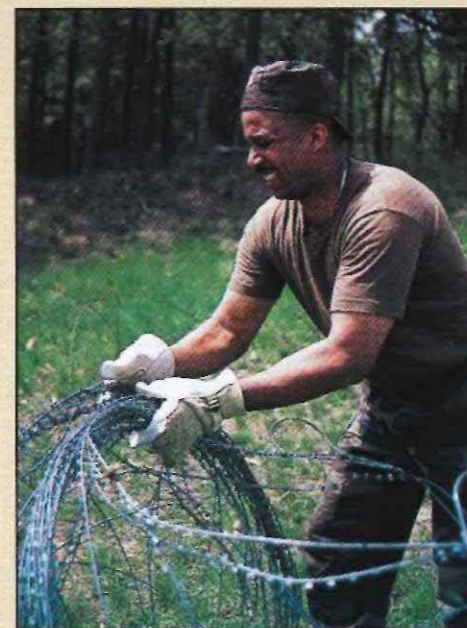
The exercise was designed to test the Guard's ability to operate in a hostile environment under simulated chemical warfare conditions. The Volk field Cadre had operational control and consisted of teams of observers and coaches recruited nationwide and trained by the Wisconsin National Guard.

"As the hours ticked by, you could see the unit functioning more effectively, communication links improving and people really understanding their role and recognizing the importance of their buddy," said Maj. Steve "Smoke" Starks, project officer for the 121st. "I've been with the unit a long time and it's obvious how versatile and committed the members of the 121st are in completing their tasks and preparing for their worldwide mission."

Fifty-four hours later, Wing Commander Brig. Gen. John H. Smith commented that he was very pleased with the overall results of the exercise. "This training was the first step in accomplish-

ing one of our many goals," said Smith, "to receive an outstanding rating on the combined Operational Readiness Inspection in the spring of 1996 with the 155th ARG.

"Since we work hard together at home and under deployed conditions, the 121st Air Refueling Wing is recognized around the world as one of the best tanker units in the Air National Guard," he boasted. ■







## Family Days Youth Camp '95

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