



Information Guide specifically for ONG Members and their families:

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Questions?

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Traditional Members



MEDICAL

National Guard Service Members and their families are eligible to enroll into TRICARE Reserve Select

- TRICARE Reserve select is a premium-based health plan with deductibles, cost shares and a catastrophic cap
- Effective Oct 1, 2012 two month premiums are due at enrollment
- Those enrolled in or eligible for Federal Employees Health Benefits are prohibited from enrolling into TRICARE Reserve Select

DENTAL

National Guard Service Members and their families are eligible through the TRICARE Dental Program administered by MetLife

[Traditional Guard Benefit Cheat Sheet](#)

[Why Enroll In TRICARE?](#)

[Find a Network Provider](#)

[Enrollment Directions](#)

[Other Health Insurance Questionnaire](#)

[Authorization for Disclosure of Medical/Dental Info.](#)

[TRS Disenrollment Reconsideration Request](#)

TRICARE Reserve Select (TRS)

Eligibility: <http://tricare.mil/trs>

On-line Application: www.dmdc.osd.mil/appj/trs

TRICARE Dental Program with MetLife

Download Application: [Enrollment Form](#)

Eligibility: <https://mybenefits.metlife.com/tricare>

On-line Application: www.dmdc.osd.mil/appj/bwe

Active Duty



MEDICAL

Active duty Service Members who are on orders for more than 31 days must enroll into Prime or Prime Remote.

If the Service Member lives or works within 50 miles of a Military Treatment Facility, he/she must enroll into Prime and receive all medical at that Military Treatment Facility.

If the Service Member lives and works outside 50 miles of Military Treatment Facility, he/she must enroll into Prime Remote and choose a TRICARE Network civilian doctor to be his/her Primary Care Manager.

Active Duty Family Members are automatically enrolled in TRICARE Standard and have the option to enroll in TRICARE Prime or Prime Remote

DENTAL

If the Service Member lives or works within 50 miles of a Military Treatment Facility, he/she must receive all dental care at that Military Treatment Facility.

Once enrolled into Prime Remote, the Service Member will be automatically enrolled into the Remote Active Duty Dental Program. To ensure care is covered Service Members must request an appointment control number prior to each dentist appointment by calling 1-866-294-2337

Family Members have the option to enroll into TRICARE Dental Program, Dental coverage is not automatic

[Active Duty Medical Benefits Overview](#)
[Active Duty for 31+ days Benefit Cheat Sheet](#)
[Prime Point of Service Fact Sheet](#)
[Find a Network Provider](#)
[Other Health Insurance Questionnaire](#)
[Authorization for Disclosure of Medical/Dental Info.](#)

TRICARE Prime Options

[Application and PCM Change Form](#)

www.tricare.mil/prime

www.tricare.mil/primeremote

Wright Patt Air Force Base Medical Center

<http://www.wpafb.af.mil/units/wpmc/index.asp>

TRICARE Standard

www.tricare.mil/standard

Remote Active Duty Dental Program administered by United Concordia

www.addp-ucci.com

TRICARE Dental Program with MetLife

Download Application: [Enrollment Form](#)

Eligibility: <https://mybenefits.metlife.com/tricare>

On-line Application: www.dmdc.osd.mil/appj/bwe

Pre-Mobilization



MEDICAL

During the Pre-Mobilization period Service Members are covered under Direct Care, Direct care normally means Military Treatment Facility only but the Pre-activation benefit (link: www.tricare.mil/earlyeligibility) has special rules

If the Service Member lives within 50 miles of a Military Treatment Facility , he/she must receive all medical care at that Military Treatment Facility.

If the Service Member lives and works outside 50 miles of Military Treatment Facility, he/she must choose a TRICARE Network civilian doctor to be his/her Primary Care Manager.

Service Members that are Pre-Mobilization should NOT enroll into Prime or Prime Remote

Family Members are automatically enrolled in TRICARE Standard and have the option to enroll in TRICARE Prime or Prime Remote

DENTAL

If the Service Member lives within 50 miles of a Military Treatment Facility , he/she must receive all dental care at that Military Treatment Facility

Service Members living outside of 50 miles of an Military Treatment Facility are automatically covered by the Remote Active Duty Dental Program. To ensure care is covered, Service Members must request an appointment control number prior to each dentist appointment by calling 1-866-294-2337

Family Members have option to enroll into the TRICARE Dental Program , Dental coverage is not automatic.

[Pre-Mobilization Medical Benefit Cheat Sheet](#)
[Prime Point of Service Fact Sheet](#)
[Find a Network Provider](#)
[Other Health Insurance Questionnaire](#)
[Authorization for Disclosure of Medical/Dental Info.](#)

TRICARE Standard

www.tricare.mil/standard

TRICARE Prime Options

[Application and PCM Change Form](#)

www.tricare.mil/prime

www.tricare.mil/primeremote

Remote Active Duty Dental Program administered by United Concordia

www.addp-ucci.com

TRICARE Dental Program with MetLife

Download Application: [Enrollment Form](#)

Eligibility: <https://mybenefits.metlife.com/tricare>

On-line Application: www.dmdc.osd.mil/appj/bwe

Mobilized Guard

Service Members will receive all care at their duty station (Direct Care)

MEDICAL

Family Members are automatically enrolled in TRICARE Standard and have the option to enroll in TRICARE Prime or Prime Remote

DENTAL

Family Members have option to enroll into the TRICARE Dental Program , dental coverage is not automatic



[Mobilization Medical Benefit Cheat Sheet](#)

[Prime Point of Service Fact Sheet](#)

[Find a Network Provider](#)

[Other Health Insurance Questionnaire](#)

[Authorization for Disclosure of Medical/Dental Info.](#)

TRICARE Standard

www.tricare.mil/standard

TRICARE Prime Options

[Application and PCM Change Form](#)

www.tricare.mil/prime

www.tricare.mil/primeremote

TRICARE Dental Program with MetLife

Download Application: [Enrollment Form](#)

Eligibility: <https://mybenefits.metlife.com/tricare>

On-line Application: www.dmdc.osd.mil/appj/bwe

Terminal Leave

Family Members coverage during Terminal leave remains the same as during the mobilization/ active duty period

MEDICAL

Service Members living within 50 miles of a Military Treatment Facility, go to that facility for all your Medical care

Service Members living outside of 50 miles of the military treatment facility needing Medical care, call TRICARE North at 1-877-TRICARE and get approval to visit a civilian Network provider near you

DENTAL

Service Members living within 50 miles of a Military Treatment Facility, go to that facility for all your Dental care

Service Members living outside of 50 miles of the Military Treatment Facility needing care, Call the Active Duty Dental Program at 1-855-638-8371 and request an Appointment Control Number to see a network civilian dentist near you. Please ensure to inform them that you are on terminal leave also known as Extended Leave status

If needing emergency care, go to nearest Emergency Room (prior authorization is not required)



[Prime Point of Service Fact Sheet](#)

[Find a Network Provider](#)

[Other Health Insurance Questionnaire](#)

[Authorization for Disclosure of Medical/Dental Info.](#)

Wright Patt Air Force Base Medical Center

<http://www.wpafb.af.mil/units/wpmc/index.asp>

TRICARE North- Health Net Federal Services

www.hnfs.com

**Remote Active Duty Dental Program
administered by United Concordia**

www.addp-ucci.com

Post Mobilization



Service members and family have 180 days post mobilization benefits also know as Transitional Assistance Management Program (link: www.tricare.mil/tamp)

MEDICAL

Service Members and Family Members are automatically enrolled into TRICARE Standard at the start of the 180 days, option to enroll/re-enroll into TRICARE Prime. If enrolled in a Prime program during the deployment, once the Prime application is received, Prime coverage will backdate to beginning of the 180 day period.

Prime Remote is not available during Post Mobilization, must live in or be willing to drive to a Prime Service Area in order to enroll into prime

- Link to Ohio Prime Service Area Map or picture

DENTAL

Service members are covered by the Remote Active Duty Dental Program. To ensure care is covered, Service Members must request an appointment control number prior to each dentist appointment by calling 1-866-294-2337

Family Members have option to enroll into the TRICARE Dental Program , dental coverage is not automatic

[Post Mobilization Medical Benefit Overview](#)
[Post Mobilization Medical Benefit Cheat Sheet](#)
[Prime Point of Service Fact Sheet](#)
[Find a Network Provider](#)
[Other Health Insurance Questionnaire](#)
[Authorization for Disclosure of Medical/Dental Info.](#)

TRICARE Standard

www.tricare.mil/standard

TRICARE Prime Option

[Application and PCM Change Form](#)
www.tricare.mil/prime

TRICARE Dental Program with MetLife

Download Application: [Enrollment Form](#)
Eligibility: <https://mybenefits.metlife.com/tricare>
On-line Application: www.dmdc.osd.mil/appj/bwe

Remote Active Duty Dental Program administered by United Concordia

www.addp-ucci.com

Retired Guard



MEDICAL

Retired National Guard members, with at least 20 years of service and are under age 60, and their family members are eligible to enroll into TRICARE Retired Reserve for medical coverage

- TRICARE Retired Reserve is a premium-based health plan with deductibles, cost shares and a catastrophic cap
- Those enrolled in or eligible for Federal Employees Health Benefits are prohibited from enrolling into TRICARE Retired Reserve
- Law requires members to pay the full cost of coverage under TRICARE Retired Reserve with no government subsidy.

Active duty retirees and Reserve retirees over 60 and their families are automatically enrolled into TRICARE Standard and have the option to enroll into Prime

Retiree age 65 or Medicare Eligible are covered by TRICARE 4 Life

- When you have Medicare Parts A and B, you will be covered by TRICARE For Life, TRICARE's Medicare-wraparound coverage available to all Medicare-eligible TRICARE beneficiaries, regardless of age or place of residence. While Medicare is your primary insurance, TRICARE acts as your secondary payer minimizing your out-of-pocket expenses.

DENTAL

All retirees are eligible for TRICARE Retiree Dental Program administered by Delta Dental

[Retiree Medical Benefits Overview](#)
[Prime Point of Service Fact Sheet](#)
[Find a Network Provider](#)
[Electronic Funds Transfer Form](#)
[Other Health Insurance Questionnaire](#)
[Authorization for Disclosure of Medical/Dental Info.](#)

TRICARE Retired Reserve

www.tricare.mil/trr

On-line Application: www.dmdc.osd.mil/appj/trr

TRICARE Standard

www.tricare.mil/standard

TRICARE Prime

[Application and PCM Change Form](#)

www.tricare.mil/prime

TRICARE 4 Life

<http://www.tricare.mil/LifeEvents/Medicare>

TRICARE Retiree Dental Program with Delta Dental

www.trdp.org