

Family Readiness

&

Warrior Support Annual Brief

Mission



The mission of the Ohio National Guard Family Readiness and Warrior Support Program is to promote Family Readiness, quality of life and empowerment of military Families through education, communication, resources, and community involvement.

Vision



The vision for the unit Family Readiness Group is to produce Family Readiness Groups that are engaged in their unit's yearly activities, resulting in strong "Ready Military Families".

Successful FRGs

- "Ready Families...Anytime, Anywhere!" is the key focus
 of the FRG.
 - A successful FRG boosts the morale of its Soldiers and their Families by allowing Families to connect with one another in mutual support. This support allows Soldiers to feel secure in the readiness of their Family.
- Family in terms of Family readiness is not "just" the Family within your household.
 - We know that your closest support could be your parents, aunts, uncles, siblings, friends and many more. This Family is an integral part of the FRG. The more Families active in the FRG the larger this support system grows.

What makes an FRG run?



- The FRG is run solely by volunteers; in conjunction with the Commander and the Military Liaison.
- Passionate Volunteers
- The goal of an FRG volunteer is to create a community of camaraderie within the military "Family".
 - To some Family members this will be the <u>only</u> support system they have; if and when a deployment happens. Welcoming new family members and helping them integrate into military life is an important focus of the FRG.

Volunteering







Ohio National Guard Family Readiness and Warrior Support

www.ong.ohio.gov/frg/FRG_index.html 1-800-589-9914

You have a TEAM in place to help —



FAMILY READINESS and WARRIOR SUPPORT TEAM

Troop & Family Assistance Center Specialists

Family Readiness Support Assistants

State Youth Program

Military One Source Consultant

Transitional Assistance Advisors

Survivor Outreach Services Coordinators

Ohio Cares

Yellow Ribbon

Education & Incentives

Family Readiness & Warrior Support Resources

To reach the Troop and Family Assistance Center Specialist in your region call:

1-800-589-9914

Region 1: Canton/Akron (Prompt 1)

Region 2: Chillicothe/Portsmouth (Prompt 2)

Region 3: Cincinnati/Hamilton (Prompt 3)

Region 4: Dayton/Kettering (Prompt 4)

Region 5: Toledo/Bowling Green (Prompt 5)

Region 6: Columbus (Prompt 6)

24 Hour Joint Operations Center 888-637-9053

Airmen & Family Readiness Program Locations:

Mansfield—179th AW 800-642-8365 x5206600

Toledo—180th FW 800-495-4250 x8684550

Springfield—178th FW 800-851-4503 x2583

Columbus—121st ARW 800-377-5570 x5

Our regional Troop & Family Assistance Specialists and Airmen & Family Readiness Program Managers are highly trained professionals who provide information, resources, referrals and assistance to all Service Members and Families before, during and after deployments, or



OHIOCARES 800-761-0868	Director of Psychological Health 614-336-7246 or 614-336-1413	Ohio National Guard Employer Outreach Program 614-336-7077
Military OneSource 614-336-7319 or 800-342-9647		Hero 2 Hire 614-336-7444
Drug & Alcohol Intervention 614-336-6444	State & Federal Veteran Benefits 614-336-7349 or 614-336-4192	Employer Support of the Guard & Reserve 614-336-7444
American Red Cross 614-251-1798	Youth Programs 877-460-2177 or 614-336-7456	Sexual Assault Response Coordinator 877-751-5628

What can a TFAC do for you?









Concerned about college?



Need help creating a budget?





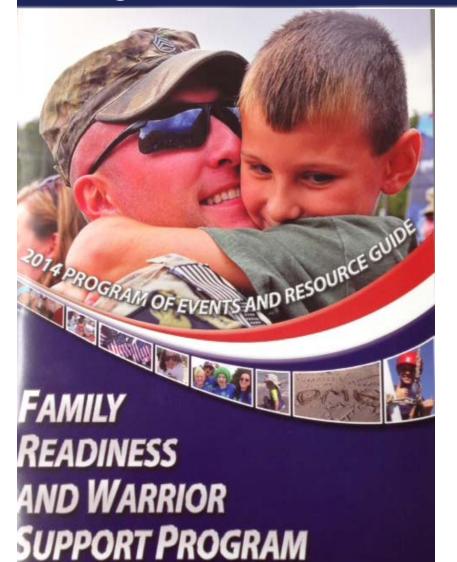






Looking for a job?

Program of Events



Family Camaraderie Events
Marriage Enrichment Retreats
Youth Camps
Family Camps
Family Readiness Training Events
Employer Readiness Events

For more information visit:

www.ong.ohio.gov/frg/FRG_index.html

Or call: 1-800-589-9914

Youth Programs

- Camp Kelley's Island
 - Teen Camp ages 12-15
 - Jr. Camp ages 9-11
- Hero Camps
 - Cleveland Play House Square
 - OSU Sports Sampler
- Troop and Family Camps
 - SW Ohio
 - Lake Erie
 - Central Ohio
- Camaraderie Events
 - Family Fun Events at the Zoo's
 - Athletic Events

Track upcoming events on our web site:

www.go.osu.edu/OMKcamping

Questions?





http://ong.ohio.gov/frg/FRG_index.html