

# **BE A HERO FOR MILITARY KIDS 5K And Obstacle Course Challenge**

**Friday, June 13th**

**Scioto Audubon Metro Park**

**400 W. Whittier Street Columbus, OH 43215**

**Start times: 5K - 7:00 pm**

**Obstacle Course - 7:30pm**

<http://www.ultrafit-usa.com/#!be-a-hero-5k/cfqf>

Fun Starts at 6:00 pm: packet pick-up, check in and day of event registration.

6:15pm – 6:45 pm: Those completing in both the 5K, can hit the obstacle to be timed in advance of the race.

6:30 pm: Kids Fun Runs

7:00 pm: 5K start

7:30 pm: Obstacle Course challenge

**For Event Questions Contact**

**Andrew J Seward**

**614-336-7274**

Lead Child & Youth Program Coordinator, Contractor Ohio National Guard  
Family Readiness and Warrior Support

email: [andrew.j.seward.ctr@mail.mil](mailto:andrew.j.seward.ctr@mail.mil)



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