

## Biathlon Tryouts!

The Ohio National Guard is holding Biathlon (cross country skiing and shooting) training/ tryouts at Camp Ripley from Wednesday, 10 SEP 14 through Sunday 14 SEP 14. Biathlon is the ultimate warrior sport that blends fitness, marksmanship, and collective team training in the spirit of competition. The upcoming training incorporates a cardiovascular assessment with small bore .22 LR rifle shooting, as well as roller skiing clinics, advanced marksmanship training and biathlon course orientation.

If you are an Ohio Soldier or Airmen, interested in trying out and competing, snow training at West Yellowstone or Michigan this winter is highly recommended, and attendance at the central regional event next January is mandatory.

Typical athlete requirements: 290-300 APFT (Army) or maximum Fit test (Air) with exceptional cardio and competitive intestinal fortitude. Snowboarding or ski experience recommended. Possess natural marksman skills with a sharpshooter/ expert IWQ qualification rates.

Athletes that make the All-Guard Biathlon team have opportunities to ski world-wide and train for the Olympics if selected by the NGB coaching staff.

### TY14/15 Schedule & Competitions

#### Winter Regional & CNGB Dates

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ONG snow camp	(W. Yellowstone, MT)	funding dependent	14-20 DEC 14
ONG snow training	(Grayling, MI)	funding dependent	Between Christmas/ New Years
Central Region	(Camp Ripley)		19-25 JAN 15
Chief NGB	(Camp Ripley)		27FEB-06MAR 15

#### For more information, contact

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