



OHIO NATIONAL GUARD

Ohio National Guard transportation Soldiers recognized for aircraft recovery efforts in Afghanistan

By Sgt. Tanjic Patterson
3rd Sustainment Brigade Public Affairs

KANDAHAR AIRFIELD, Afghanistan — Soldiers with the Ohio National Guard's 1487th Transportation Company were recognized May 22 for their efforts to help recover an aircraft in Southern Afghanistan.

Leadership with the 495th Combat Sustainment Support Battalion, Montana National Guard, along with representatives from DynCorp International presented 'Iron Camel' Soldiers and their command with certificates of appreciation for transporting the DynCorp-owned aircraft to Kandahar Airfield.

Normal operations for the 1487th includes hauling supplies to fellow Soldiers at various forward operating bases and running retrograde missions throughout Afghanistan's Regional Commands South and Southwest.

"If we have to recover a vehicle, it's usually one within our own convoy or on a FOB that we are convoying from, but nonetheless, it's a vehicle," said Staff Sgt. William Miller, a convoy commander with the 1487th Transportation Co., and native of Troy, Ohio. "Recovering a helicopter was definitely outside of our comfort zone, but we were able to accomplish our mission successfully."

Recovering the Mi-8 Russian transport helicopter required collaboration with 1st Battalion, 36th Infantry Regiment, 1st Brigade Combat Team, 1st Armored Division Soldiers and DynCorp's engineers who helped secure the area and load the aircraft onto the 1487th's Heavy Equipment Transport System vehicle.

"We had ground engineers out at the site along with military personnel to get the dimensions and prep the aircraft for transport," said Larry Asher, director of aviation for DynCorp International.

Asher added that the 495th CSSB's planning process behind the recovery operation was as critical as the mission itself, as there was minimal time to prepare and execute.

"Overall, I feel that even with the short notice, we were successful with the recovery of the aircraft and that the mission went a lot



Spc. Jordan Cole, a signal support systems specialist with the 1487th Transportation Company, Ohio National Guard, and Dayton, Ohio, native, receives a Certificate of Appreciation from DynCorp International representative Mo Young, May 22 at Kandahar Airfield, Afghanistan. The certificates were presented to soldiers of the 1487th Transportation Co. for their support and professionalism during an aircraft recovery mission. (U.S. Army photo by Sgt. Tanjic Patterson)

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Ohio National Guard units currently deployed

Air units:

121st Air Refueling Wing
 178th Fighter Wing
 179th Airlift Wing
 180th Fighter Wing
 220th Engineering Installation Squadron
 269th Combat Communications Squadron

Army units:

Det. 21
 1487th Transportation Co.
 Military Advisory Team - 2
 837th Engineer Co.
 838th Military Police Company
 437th Military Police Battalion
 371st Sustainment Brigade

As of June 19, 2013, about 1,161 Ohio National Guard Airmen and Soldiers are deployed

Commissaries to close on Mondays this summer

By Karen Jowers
 Army Times Staff writer

Commissary customers can expect their stores to start closing on Mondays as early as July 8. To implement the Defense Department's civilian workforce furloughs, all 247 stores will have to close one extra day per week. Commissaries that are usually closed on Mondays will be closed on Tuesdays as well. Defense officials did give the Defense Commissary Agency (DeCA), some relief from the ongoing civilian hiring freeze, allowing stores to hire outside workers if staffing levels fall below 90 percent.

"With this exception, we should be able to handle normal operating days," said DeCA spokesman Kevin Robinson. "However, we will still be challenged on busy Saturdays and Sundays."

DOD has required most of its activities to furlough employees for up to 11 days — one day each week — by Sept. 30, in response to automatic federal budget cuts triggered by sequestration on March 1.

Congress and the White House still could come up with a solution to end sequestration. There are 13 Mondays between July 8 and Sept. 30, and it is expected the furloughs will start July 8 and continue for 11 consecutive weeks. Over the last several months, defense officials have reduced the number of furlough days from 22 days to 11.

Officials decided on Monday closures because it would be less disruptive than having rolling furlough days that differed from one store to another. No other changes to store operating hours are planned, officials said.

As the expected closure dates get closer, customers should check their local store's operating schedule online. Some overseas stores may be open Mondays if they have enough local national employees, who are exempt from the furloughs. If their store is closed, however, local national staff will still be required to report to work and perform other store related duties.

Source: <http://www.armytimes.com/article/20130531/BENEFITS07/305310029/Commissaries-close-Mondays-summer>

Ohio National Guard transportation Soldiers ...

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smoother than expected," said Sgt. David Andrade, a motor transport operator with the 1487th Transportation Co., and native of El Paso, Texas, who assisted with the recovery.

Andrade said that he appreciated the gratitude his leadership and DynCorp extended to him and his team.

"For a bad situation it had very positive results," Asher said. "Nobody got hurt, the crew was safe and the aircraft got recovered. It was a pleasure working with the 495th CSSB, they were truly outstanding, the mission planning went extremely well."

Source: <http://www.dvidshub.net/news/107595/ohio-guardsmen-recognized-aircraft-recovery-efforts>

Past events

June 6 - Call to Duty ceremony for the 371st Sustainment Brigade, located in Springfield, Ohio, in support of Operation Enduring Freedom.

June 8 - 737th Forward Support Company Change of Command. Outgoing: 1LT Robert Yarnell, Incoming: CPT Michael Staff

June 13 - 1-148th Infantry Regiment, Expert Infantry Badge Pinning Ceremony, Newton Falls Readiness Center

June 14 - Welcome Home ceremony for 12 members of the 174th Air Defense Artillery Brigade, Reynoldsburg United Methodist Church, Reynoldsburg, Ohio

July events

July 8 - The 2013 National Rifle and Pistol Matches opening ceremony will take place at 10 a.m., at Camp Perry Joint Training Center (CPJTC) in Port Clinton, Ohio

July 12 - 1194th Engineer Company (Vertical) Change of Command, Camp Sherman. Outgoing: CPT Michael Barnes, Incoming: 1LT Jared Hoffman



10 Steps to Raise PTSD Awareness

1. **Learn more about PTSD**
Understand common reactions to trauma and when those reactions might be PTSD.
2. **Challenge your beliefs about treatment**
PTSD treatment can help. We now have effective PTSD treatments that can make a difference in the lives of people with PTSD.
3. **Explore the options for those with PTSD**
Find out where to get help for PTSD and learn how to choose a therapist. Also see our Self-Help and Coping section to learn about peer support and other coping strategies.
4. **Reach out. Make a difference**
You can help a family member with PTSD, including assisting your Veteran who needs care. Know there is a support for friends and family too.
5. **Know the facts**
More than half of U.S. adults will experience at least one trauma in their lifetime. How common is PTSD? For Veterans and people who have been through violence and abuse, the number is higher.
6. **Expand your understanding**
Learn about assessment and how to find out if someone has PTSD. Complete a brief checklist or take an online screen to see if a professional evaluation is needed.
7. **Share PTSD information**
Share handouts, brochures or wallet cards about trauma and PTSD.
8. **Meet people who have lived with PTSD**
Visit **AboutFace** (<http://www.ptsd.va.gov/apps/AboutFace>), an online gallery dedicated to Veterans talking about how PTSD treatment turned their lives around.
9. **Take advantage of technology**
Download PTSD Coach, a mobile application and treatment companion applications in the National Center for PTSD's growing collection of mobile offerings.
10. **Keep informed**
Get the latest information about PTSD. Sign up for our PTSD Monthly Update or connect with us on Facebook, Twitter and YouTube.

OHIO NATIONAL GUARD

Community Outreach Office

Alumni Affairs
2825 W. Dublin Granville Road
Columbus, OH 43235
(614) 336-4135

SPACE-A SCHEDULE - RANGB

Another great opportunity to travel Space-A!

Please check the Space-A travel recording at 614-492-3143 for updates. You may sign up online at www.takeahop.com

Print and bring a copy or fax your request to 614-492-3475

Questions/comments can be directed to:

Tech. Sgt Bob Koteles at 614-492-3476

2013 Regional Inter-Service Family Assistance Committee Meetings:

Region 1 - July 25

Region 2 - July 17

Region 3 - July 23

Region 4 - July 23

Region 5 - July 16

Region 6 - July 10

For questions regarding the time or place of RISFAC meetings, contact Staff Sgt. Michael Carden at (614) 336-4135

Retirement Packets

Retirement packets are mailed to your last known mailing address. If you change addresses before your 59th birthday, make sure you contact the office below so they will know where to send your packet.

You will need to send the packet back to receive your retirement pay. Make sure to include the following: NGB Form 22, DD Form 214(s), NGB Form 23, 20-yr letter and SBP election. If you are missing any documents, contact Ms. Jeanette Coughenour at 614-336-7038 (ONG HQs).

**U.S. Army Human Resources
Center of Excellence - Fort Knox
ATTN: AHRC-PDR-RCR
1600 Spearhead Division Ave.
Dept. 420
Fort Knox, KY 40122-56402
1-800-318-5298 or 502-613-8950**

Ohio Veterans Bonus submission deadline nears

The Ohio Veterans Bonus is a thank you from the citizens of Ohio to all the members of the Armed Forces who served during the time of the Persian Gulf War, the Iraq War and the Afghanistan War. But it won't be around forever – **Veterans of the Persian Gulf era must apply by Dec. 31, 2013, while Veterans of the Iraq era have until Dec. 31, 2014, to apply.**

The Ohio Veterans Bonus is available to military service members and veterans who entered the military from Ohio and are an Ohio resident at the time they apply. They must have served under honorable conditions for greater than 90 days on active duty, not for training, anywhere in the world during one of the following periods:

- Persian Gulf: Aug 2, 1990 through Mar 3, 1991 (**application deadline: December 31, 2013**)
- Iraq: March 19, 2003 through December 31, 2011 (**application deadline: December 31, 2014**)
- Afghanistan: Oct 7, 2001 through a date to be determined by the President

The Bonus pays \$100 per month for service in the Persian Gulf, Afghanistan or Iraq during the eligible periods, and/or \$50 per month for service anywhere else in the world during those times. The total individual award cannot exceed \$1,500.

The next-of-kin of eligible service members who are killed or die as a result of injuries or illness sustained in the Persian Gulf, Iraq or Afghanistan may also receive the bonus. Next-of-kin may be compensated \$5,000, plus whatever the service member would have received. Next-of-kin of service members who die on active duty, but not as the result of injuries or illness sustained in the areas named above, may be compensated whatever the eligible service member would have received.

The Ohio Veterans Bonus is not taxed by either the federal government or Ohio.

Don't delay, find out more by calling 1-877-644-6838, select option 2; or visit www.veteransbonus.ohio.gov.