

Transitional Assistance Management Program (TAMP) Benefit Cheat Sheet

MEDICAL

SERVICE MEMBER and FAMILY MEMBER

TRICARE Standard automatically, must submit enrollment form to get into TRICARE Prime. If Enrolled into Prime or Prime Remote during the deployment, once enrollment form is received Prime Coverage will backdate to start of TAMP Period. If never enrolled, application must be received by the 20th of the month for Prime Coverage to begin the first of the following month

Prime Remote is not available during TAMP

TRICARE Standard (PPO)

Freedom to choose Network or Non-Network Providers (as long as they except TRICARE)

No monthly premiums

Deductibles- E4 and below: \$50 per individual and \$150 per family; E5 and above: \$150 per individual and \$300 per family

15% cost share if see Network Provider (you pay 15% of bill)

20% cost share if see Non-Network

TRICARE Prime (HMO)

If Service and Family Member(s) live within Ohio's Prime Service Area or willing to drive there, they have the option to enroll into Prime to receive care through a Network Civilian Primary Care Manager (PCM) or Military Treatment Facility(MTF). All care is to be given through that assigned PCM. If Family Member or Service Member needs Specialty care that his/her PCM can't provide, he/she MUST get a TRICARE approved referral before going to the appointment. If you live within 30 mins from a MTF, you must choose the MTF as your PCM

There is no Monthly Premium for Prime, but HAVE to enroll

Ohio's Prime Service Area (as of October 1st, 2013) is the 40 mile radius around Wright Patt Air Force Base

DENTAL

SERVICE MEMBER

Covered by Remote Active Duty Dental Program (ADDP)

Make appointment with ADDP Network dentist

Call ADDP at 1-866-984-2337, let them know who, what, when, where and get Appointment Control Number (ACN)

Take ACN to dental appointment, have them put it on the claim they submit to ADDP

Get new ACN for each dental appointment

If SM follows these steps, they should have no out of pocket costs

FAMILY MEMBER

Only covered if enrolled into TRICARE Dental Program administered by MetLife

12 Month Enrollment Requirement

Monthly premium comes out of Service Members LES

Monthly Premium is at the reserve rate during TAMP

Cost-shares for non-preventative services

www.tricare.mil/tdp

MetLife Customer Service: 1-855-638-8371

AFTER TAMP

TRICARE Reserve Select

- Monthly Premium: \$51.62 for Service Member Only, \$195.81 for Service Member and Family coverage
- Two-months premium due with enrollment
- Deductible based on Sponsor Rank
- 15% cost share if see Network Provider (you pay 15% of bill)
- 20% cost share is see Non-Network
- To Enroll, Log on to: <https://dmdc.osd.mil/appj/trs/index.jsp>
- Get application within 30 days of TAMP, can choose day after TAMP, for continuous coverage.
- Website: www.tricare.mil/trs

TRICARE Dental Program administered by MetLife